**STUDENT ESSENTIALS SUPPORT GUIDE**

A CCSF guide to help meet students’ basic needs by connecting with resources and services.

-August 2022-

**We must realize that when basic needs have been met, human development is primarily about being more, not having more ~Dalai Lama XIV**

Welcome to the CCSF Student Essentials Support Guide for students. This guide will provide you with a list of resources and support services that can assist you throughout your time at City College of San Francisco. Whether you are a new student or a returning student, in this guide you will find the basic needs supports available to ensure you are supported and successful during your educational journey.

**BASIC NEEDS**

**Food**
- Rams Food Market and Food Shelves
- SF/Marin Food Bank - Food Finder
- CalFresh Benefits

**Housing Referrals**
- Homeless At-Risk Transitional Students (HARTS) Program
- On-campus shower access
- Limited hygiene supplies
- County Homelessness Response System

**Wellness**
- Student Health Center
- Medical/Nursing Services;
- Mental Health Services;
- Family Pact & Workshops/Groups
- SF Human Service Agency
- Medical/Food/Cash Assistance

CCSF Student Services/Resources List
Virtual Counter Schedule
Questions?
Email: sparkpoint@ccsf.edu
Visit: CCSF Basic Needs / SparkPoint
**Basic Needs**

**Student Parent Resources**
- Family Resource Center
- Referrals to Student-Parent Resources
- Lactation Room
- CalWORKs
- EOPS/CARE
- Compass Family Services
- Wu Yee Children's Services
- Children's Council SF
- Moms Against Poverty

**Technology Loan Program**
- Rosenberg Library
  - Laptop and Chromebook Devices
  - Wifi Hotspot
  - Calculators

**Bilingual Counseling Services**
- Academic Counseling Services
- Multicultural Retention Services
- Disabled Students Programs & Services (DSPS)
- Extended Opportunity Programs and Services (EOPS)

**Transportation**
- Guardian Scholars Program
- Homeless At-Risk Transitional Students Program (HARTS)
- Extended Opportunity Programs and Services (EOPS)
- SFMTA - SFMTA.com/fares
- SFMTA.com/paratransit
- Free Muni for all Youth
- Referrals to reduced transit fares and parking citation payment options

**Academic Support**
- Textbook Resources
- Associated Students Bookloan Program
- Library Course Reserves/Rentals
- Open Education Resources (OER)
- Guardian Scholars Program
- City Dream Center
- Extended Opportunity Programs and Services (EOPS)
- Multicultural Retention Services
- Math Lab
- English Lab
- ESL Center for Language and Academic Development (CLAD) Lab
- Biology Resource Center
- DSPS Academic Assistance Program
- Communication Lab
- Computer Science Tutor Squad
- Multi-Cultural Retention Center (MRSD) Tutoring
- Metro Transfer Program
- Project Shine
- Puente Program
- Writing Success Project
- Working Adult Degree Program
- NetTutor – Online
Employment & Education

Career Services

Career Services
- We offer workshops (resumes, LinkedIn, etc.), one-on-one coaching, industry research/exploration, career panels, worksite tours, networking events, career fairs, informational interviews, mock interviews, job/internship placement. Everything you need to help you land your next job.

Office of Student Employment
- If you need help paying for college or just want to work part-time on campus the Office of Student Employment has paid job opportunities with CCSF departments. Find a job in your academic area or just find something that works with your schedule.

Handshake
- Handshake is CCSF’s employer engagement platform where you can network with employers and other students, explore the companies in your industry, and check out jobs and internships they post specifically for college students.

Work Experience
- Work Experience courses help you earn credit for working or interning.

JobsNOW! For Job Seekers
- Matches people looking for jobs with open positions.

Career Development Center

Career Counseling Services
- Counseling undecided students about educational majors or career paths
- Preparation for job or internship planning
- Resume and Interviewing counseling
- Job or Internship Search Assistance
- Career Exploration Online

Center for Entrepreneurship & Innovation

- Provides access to critical resources and to network with the entrepreneurial community in San Francisco and the Bay Area.

Financial Services

Financial Support
- Financial Aid Office
- FAFSA or CA Dream Act Application
- Debt Counseling
- Financial Literacy Resources
- Student Emergency Fund Application (SEFA): One-time emergency funding (up to $500).
- Scholarship Office
- Full-time Incentive Grant (FTIG): $500 (may be eligible up to four terms. Grant availability based on AB19 funding).

Legal Consultation
- City Dream Center
- Immigration Legal Services
- Referrals to legal support services
**CCSF RESOURCE CONTACTS**

**BASIC NEEDS**

**Food**
Student Activities - ccsflife@mail.ccsf.edu

**Housing Referrals**
HARTS Program - Elaine Bautista; evbautista@ccsf.edu

**Wellness**
Student Health Services - George Martiniano Jr.; gmartiniano@ccsf.edu

**Student Parent Resources**
Family Resource Center - Tracey Faulkner; tfaulkne@ccsf.edu
CalWorks - Gabriela Ulloa; gulloa@ccsf.edu
EOPS - Karen Gibson; eops@ccsf.edu

**Transportation**
GS/HARTS - Elaine Bautista; evbautista@ccsf.edu
EOPS - Karen Gibson; eops@ccsf.edu
SFMTA - www.SFMTA.com/fares; www.SFMTA/paratransit

**Academic Support: Textbook Resources**
Associated Students - ccsflife@mail.ccsf.edu
Library Reserves - Angela Webster; awebster@ccsf.edu
Guardian Scholars Program - Elaine Bautista; evbautista@ccsf.edu
City Dream Center - Jacqueline Yanez Martinez; jyanez@ccsf.edu
EOPS - Karen Gibson; eops@ccsf.edu

**Technology Loan Program**
library@ccsf.edu

**Bilingual Counseling Services**
Academic Counseling - academiccounseling@ccsf.edu
DSPS Counseling - dspsacom@ccsf.edu; (415) 452-5481 (currently voicemail only)
EOPS Counseling - eops@ccsf.edu; (415) 239-3562
Multicultural Retention Services - academiccounseling@ccsf.edu

**Tutoring**
Student Equity Tutorial Coordinator: Dawn Mokuau; mokuau@ccsf.edu; (415) 452-5221

**EMPLOYMENT & EDUCATION**

**Career Services** - careerservices@ccsf.edu; (415) 452-7045
**Office of Student Employment** - studentemployment@ccsf.edu; Google Voice 415-506-8682
**Career Development Center** - careercenter@ccsf.edu; (415) 239-3117
**Center for Entrepreneurship and Innovation** - Leo Bello; lbello@ccsf.edu

**FINANCIAL SERVICES**

**Financial Aid Office** - finaid@ccsf.edu
Student Emergency Fund Application - Lisa Morton; lmorton@ccsf.edu

**Scholarship Office** - scholarships@ccsf.edu
Full-Time Incentive Grant- ftig@ccsf.edu

**Legal Consultation**
City Dream Center - Jacqueline Yanez Martinez; jyanez@ccsf.edu