

CCSF PHYSICAL EDUCATION, ATHLETICS & DANCE DEPARTMENT

NATATORIUM

POOL RULES AND REGULATIONS

For the safety of all pool users, the following rules have been established. All pool users are responsible for knowing the rules and regulations of this facility and are expected to adhere to these rules and regulations. If violations occur or behavior and/or conduct endanger other pool users, the pool user will be asked to leave the facility. If you should have any questions regarding pool rules, contact the Aquatics Coordinator at (415) 452-4821.

Disruptive Behavior Policy

Any student disrupting class may be asked to leave. CCSF Pool staff will enforce all procedures set forth in the Rules of Student Conduct, and appropriate remedial and/or disciplinary steps will be taken when violations occur.

Rules

No swimming is allowed unless the pool is officially open and a CCSF Lifeguard is on duty.

Please walk at all times. No running allowed on the pool deck and locker rooms. Enter/exit pool through locker room.

No street shoes allowed in the pool area. Only flip flops or bare feet are permitted on the pool deck.

For your health and hygiene, all pool users must wear appropriate swimming attire. No cut offs, running shorts, gym shorts, leotards, t-shirts, or any other clothing will be allowed in the pool. (Health Code)

All persons known to be, or suspected of being afflicted with an infectious or communicable disease, suffering from a cough, cold,

fever, sores, open cuts, or wearing bands or bandages are not be permitted in the pool. Band-aids are not allowed in the pool. If the wound is open enough to require a band-aid, please do not swim. (Health Code)

Animals are not allowed in the pool or pool area (Health Code), with the exception of service animals. Service animals are allowed on deck, but not in the water. Disabled students with service animals **are responsible for securing supervision and care for their service animals, including, but not limited to, keeping the animal restrained (on a leash, not running around pool area), making certain the animal is not a threat to health or safety, keeping the animal clean (free of fleas) and vaccinated, and providing food/water for the animal.**

All swimmers must shower prior to entering the pool. (Health Code)

NO JUMPING INTO THE SHALLOW END OF THE POOL.

NO DIVING ALLOWED ANYWHERE IN THE POOL.

Be aware of pool depths at all times. Stay in appropriate water depth according to your ability. If you are responsible for another person- be aware of their ability and/or limitations.

Swim tests are mandatory for any swimmer who wants to swim in deep water. Deep Water tests consist of: (a) Swim 50 yards using front crawl, without stopping; (b) Tread water for one minute. Test applies to all.

Profanity, abusive language, vulgar remarks, and any inappropriate behavior will not be tolerated. Pool users should treat each other and the staff with courtesy and respect.

Activities that could be harmful to swimmers or others like horseplay, dunking, splashing, wrestling, pushing people into the pool and/or fighting, will not be tolerated. Throwing objects in the pool is prohibited.

Starting blocks are for competitive team use only, under strict

supervision of a certified coach on deck. Other pool users must keep off of them.

Underwater swimming for distance is not permitted for safety reasons.

The ladders and stairs are for entering and exiting the pool, please do not block the ladders and stairways.

No sitting or hanging on lane lines. No going over the lane lines.

Food, beverages and gum chewing are not allowed in the facility at any time. (Only drink allowed on the deck would be water in a plastic container.)

No glass bottles/containers or smoking is allowed in the locker rooms and pool area at anytime. Persons under the influence of alcohol or drugs will not be permitted in the pool area or in the building.

Flotation devices, swim fins, masks/snorkels and hand paddles, toys and balls are not permitted in the pool without permission of an Instructor or Lifeguard. Short training flippers are permitted.

Non-swimmers must be seated on bleachers or at the spectator's seating. Standing or sitting close to the edge of the pool will not be allowed.

In the event of contamination due to bodily fluid, pool will be closed. (Health Code)

Emergency procedures must be observed. Swimmers must leave the pool area immediately upon the signal or request of the Pool Staff.

The use of cameras, video cameras or any device containing camera equipment of any kind is prohibited in all locker rooms, bathrooms and changing facilities.

Lifeguards will ensure the safety of pool users and provide direction as needed to prevent injuries and accidents. Please

listen to and respect the Lifeguards on duty at the pool, it is for your safety.

Pool Use Reminders The CCSF PE, Athletics and Dance Department is not responsible for lost or stolen articles, including items stored in lockers. Please refrain from bringing any valuables to the pool (money, jewelry...). Items left in pool area at the end of the day will be placed in the pool's lost and found. If you should have any problems, please report them immediately to aquatics staff.