

Trauma Prevention and Recovery Certificate of Achievement - Active

Department: Interdisciplinary Studies

Approval: May 2017

Effective Semester: Fall 2018

The Trauma Prevention and Recovery Certificate of Achievement prepares students for work in the field of violence prevention and trauma response (or in education, health and human services more broadly) by providing knowledge of dynamics of trauma, strategies to prevent violence and skills to support survivors.

This interdisciplinary curriculum provides students with a broad understanding of violence, its causes and its impact on individuals, families, communities and societies. Students develop skills to critically analyze social constructs that contribute to violence, listen with empathy, offer appropriate referrals, and provide culturally sensitive peer support.

Learning Outcomes

Upon completion of this program, students will be able to:

- Analyze the causes and consequences of violence and trauma.
- Compare programmatic approaches and/or community resources and assess their utility in diverse situations involving trauma.
- Examine historic and aesthetic approaches to understanding trauma.
- Demonstrate peer counseling and client-centered communication skills for working with victims and survivors.
- Explain how identity, status and structural oppression relate to trauma.
- Demonstrate self awareness in relation to vicarious trauma, the healing process and the helper role.

The Trauma Prevention and Recovery Certificate program is open to any student enrolled at CCSF who meets the prerequisite requirements for each of the required courses.

Each course must be completed with a final grade of C or higher, or Pass.

The minimum time for completion of this certificate is 2 semesters. Completion time will vary based on student preparation and number of units or classes completed per semester.

Courses Required for the Certificate of Achievement in Trauma Prevention and Recovery

Course	Units
Required courses:	
IDST 47 - Trauma and the Arts: An Interdisciplinary Approach	3.00
HLTH 38 - Trauma Response and Recovery	3.00
HLTH 48 - Violence as a Public Health Issue: Prevention Strategies	3.00
WGST 54 - The Politics of Sexual Violence	3.00
HLTH 90C - Introduction to Trauma and Recovery	0.50
CDEV 100 - Violence and Its Impact on Children and Their Families	3.00
or	

CDEV 101 - Intro to Violence Intervention	3.00
Total:	15.50
Choose one of the following required diversity courses:	
IDST 80A - Diversity and Social Justice: Racism	0.50
IDST 80C - Diversity and Social Justice: Sexism	0.50
IDST 80D - Diversity and Social Justice: Heterosexism	0.50
IDST 80E - Diversity and Social Justice: Ableism	0.50
IDST 80F - Diversity and Social Justice: Class and Classism	0.50
IDST 80G - Diversity and Social Justice: Transphobia	0.50
Total:	0.50
Choose three (3) units from the following elective courses. Courses counted as a required course above cannot be used to fulfill an elective:	
ADMJ 64 - Progressive Policing in the 21st Century	3.00
CDEV 72 - Supervised Field Experience in Early Childhood Education	3.00
CDEV 78 - Supervised Field Experience in Community Youth Organizations	3.00
CDEV 100 - Violence and Its Impact on Children and Their Families	3.00
CDEV 101 - Intro to Violence Intervention	3.00
HLTH 91H - Elder Abuse Prevention	1.00
HLTH 97 - Stress and Resilience	3.00
HLTH 116 - Conflict Resolution Skills in Health	1.00
IDST 80A - Diversity and Social Justice: Racism	0.50
IDST 80C - Diversity and Social Justice: Sexism	0.50
IDST 80D - Diversity and Social Justice: Heterosexism	0.50
IDST 80E - Diversity and Social Justice: Ableism	0.50
IDST 80G - Diversity and Social Justice: Transphobia	0.50
IDST 80F - Diversity and Social Justice: Class and Classism	0.50
IDST 81A - Diversity: Ageism and Adultism (Age-based Oppression)	1.00
IDST 81B - Diversity and Social Justice: Anti-Semitism/Anti-Arabism	1.00
LBCS 81 - Organizing for Economic and Social Justice	3.00
PSYC 9 - Psychology of Stress	3.00
PSYC 15 - Assertive Behavior	1.00
PSYC 26 - Applied Psychology	3.00
WGST 55 - Ending Sexual Violence: Peer Education	3.00
Total:	3.00
Total:	19.00

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