Bio 61 - The Biology of Cancer presents

A talk by Natalie Ledesma, MS, RD, CSO

"Diet, Nutrition, and Cancer"

Monday April 17 from 4:30 – 5:30 in Science 302.

We are confronted with overwhelming, and often confusing information about how diet influences cancer risks and outcomes. This talk will address the latest evidence based findings on diet and nutrition to help you lower your cancer risk and/or feed a loved one dealing with cancer.

Natalie Ledesma is a board-certified specialist in oncology nutrition, Natalie is the clinical nutrition specialist at Smith Integrative Oncology in San Francisco and the senior dietitian for the University of California, San Francisco Helen Diller Family Comprehensive Cancer. Natalie provides nutrition counseling and frequently presents various cancer focused nutrition seminars. She has taught college courses and cooking classes, and has been extensively involved in community outreach.

Natalie has been interviewed by New York Times, NBC, Fortune magazine, Cure magazine, MAMM magazine, Runner’s World, and the San Francisco Chronicle. Recent publications include Oncology Nutrition for Clinical Practice (co-editor) and nutrition chapters in Clinical Nutrition for Oncology Patients, Everyone’s Guide to Cancer Therapy, Everyone’s Guide to Cancer Survivorship, Nutritional Issues in Cancer Care, and Supportive Cancer Care: The Complete Guide for Patients and their Families.