

Sexual Health Educator Certificate

The curriculum for the Sexual Health Educator Certificate will train students as paraprofessionals in safe and healthy sexuality including violence prevention and intervention, HIV/STI prevention, and the promotion of mature intimate relationships.

The integrated program offers students an opportunity to identify various markers of sexual health, which will enable them to promote healthy and safer sexual relationships in their client populations. They will be able to teach others to negotiate sexual situations with more confidence, knowing their limits, recognizing danger zones, assessing risk factors, and respecting their own and their partners' needs.

Learning Outcomes

Through academic preparation, practical skills training, and service to the CCSF community, certificate candidates learn to:

- a. provide accurate, timely information about safe and healthy sex practices
- b. apply behavior change theory to real-life situations
- c. offer appropriate agency and clinic referrals
- d. provide general sexual health advice sensitive to diverse cultures, genders, and sexual orientations
- e. identify and address signs to look for in an abusive personality, strategies for leaving an abusive relationship, and rape prevention techniques, as well as characteristics of a healthy, mature, non-violent intimate relationship
- f. recognize and address co-factors which increase the risk of HIV/STI infection, such as alcohol and drug use, sexual abuse and assault, low self-esteem and poor communication skills
- g. create and produce sexual health education events, such as interactive presentations, health fairs, guest lectures, video screenings, and publicity campaigns

Requirements for the Certificate of Achievement. The certificate requires completion of 16 units, which can be completed in one semester. Each course must be completed with a final grade of C or higher or Pass.

Credit toward Graduation. Credit earned to obtain the Certificate of Achievement satisfies the G2 and H2 graduation requirements, and coursework is transferable to the California State University.

Credit toward Community Health Worker Certificate. Three of the courses required for the Sexual Health Educator Certificate meet the elective requirement for the CHW program.

Courses Required for the Certificate of Achievement in Sexual Health Educator

Course	Units
WOMN 54 The Politics of Sexual Violence	3
WOMN 55 Ending Sexual Violence: Peer Ed	3
IDST 17 Human Sexuality	3
HLTH 67 HIV/STI Prevention.....	3
Elective Courses (4 units from the following courses)	
SOC 25 Sex and Gender in American Society.....	3
SOC 35 Sex, Marriage, and Family Relationships	3
PSYC 9 Psychology of Stress.....	3
PSYC 14 Psychology of Shyness and Self-Esteem	1
PSYC 15 Assertive Behavior	1
PSYC 17 Psychology of Eating, Food, and Weight	1
PSYC 25 Psychology of Sex Differences.....	3
ANTH 20 LGBT Anthropology	3
ANTH 25 Culture, Gender, and Sexuality.....	3
HLTH 64 Health Education and Prevention	3
HLTH 68 HIV/STI Outreach Skills	3
HLTH 97 Stress Reduction:	
Care of the Soul in the World.....	3
LGBT 21 Issues in Lesbian Relationships	3
LGBT 24 Gay Male Relationships	3
LGBT 60 Psychology of Sexual Minorities	3
IDST 80-81 Diversity and Social Justice5-1
Total Units.....	16