First Things First

Instruction for the Big Rock Experiment
to illustrate blocking out most important things first in your weekly planning

1. You get a glass bucket and fill it half full of small pebbles.
2. You then try to put several big rocks in the bucket, on top of the pebbles.
3. They will not all fit.
4. Empty the bucket and start over.
5. This time you put the big rocks in the bucket first.
6. Then you put the pebbles.
7. The pebbles fill in the spaces around the big rocks.