City College of San Francisco

CROSS COUNTRY

TRACK AND FIELD

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TRACK AND FIELD

C C S F  S T U D E N T / A T H L E T E

A C A D E M I C  B E N E F I T S

- Coaches Committed to Academic Success
- High transfer rate to 4-Year Schools
- Academic/Athletic Counselor
- Priority Registration
- Extensive Course Offerings
- Writing/Learning Center
- Free Tutoring
- Help getting a job On-Campus

M A I L I N G  A D D R E S S:
City College of San Francisco
50 Phelan Avenue
Box SGYM, Office B-623-A
San Francisco, CA 94112

F A C T S  E V E R Y O N E  S H O U L D  K N O W  A B O U T
CITY COLLEGE OF SAN FRANCISCO

Quality Programs

City College of San Francisco (CCSF) offers courses in more than 50 academic programs and over 100 occupational disciplines. There is a full range of credit courses leading to the Associate of Arts and Science degrees, most of which meet the general education requirements of four-year colleges and universities.

Faculty Make The Difference

CCSF employs more than 770 full-time and 1,547 part-time faculty, 95 percent of whom have master's degrees, with 200 holding doctorates. They teach more than 100,000 credit and noncredit students annually.

Tremendous Value

At just $18/unit for CA residents, California’s community colleges are still the best value in higher education. Noncredit courses are free.

Transfer Articulation Agreements (TAA)

The TAA assures students a place for a specified semester at University of California system, San Francisco State, and a host of other four-year colleges and universities. CCSF transfers more students to the California State University system than any other community college in the state.
Above Sam Burkholder kicks to a top 10 finish at the Nor-Cal Cross Country meet in 2002. Below Jeffrey Gehringer (left) & Burkholder (right) work together at the Nor-Cal XC meet. Both Gehringer and Burkholder were All-Conference performers in Cross Country & State Meet Qualifiers in Track.

Anndria Norris was All-Conference in Cross Country and State Champion in the 800m in 2002. Norris currently attends Jackson St. University in Mississippi.

For more info on Athletics at CCSF go to:
http://www.ccsf.edu/Departments/PE/Athletics

CCSF Student/ Athlete
ATHLETIC BENEFITS
- 9 Lane All Weather Track & Field Stadium
- 4 Track & Field Coaches
- Training Partners
- Three Weight Rooms
- Fitness Center
- Full Time Athletic Trainer
- Easy access to Running Trails

City College of San Francisco has one of the finest Track and Field facilities in the bay area.

CROSS COUNTRY
Men’s Team
- Top-2 Conference Meet, 2002-2003
- State Meet Qualifiers, 2000-2003
- Individual Conference Champion, 2003

Women’s Team
- Top-3 Conference Meet, 2002-2003
- State Meet Qualifiers, 2002-2003

TRACK AND FIELD
Distance Runners since 2001
- 1 State Champion
- 11 State Meet Qualifiers
- 4 Conference Champions

Recent CCSF Alumi:
Where they went…
Robert Eap UC-San Diego
Chikara Omine San Francisco State
Shawn Gallagher Holy Names College
Chris Coffee Cal State Fullerton
Moe Arnaiz San Diego State
Annndria Norris Jackson State
Tania Woods Louisiana State
Kelly Moriyama San Francisco State
Kristen Ray University of Hawaii
Simone Brooks Texas A&M-Kingsville

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