Physical Education & Dance

SLO Process
Development Timeline

- Summer 2012
  - Task: Key faculty members put into place by Department Chair.

  - Informal discussions for plan of attack and deciphering what really had to be done.
Development Timeline (cont.)

-Determined that:
  1) Course outlines needed to be updated first.

-This order was important for “us” to get everything done at once and have an organized process for revision.

  2) Take SLO’s from updated outlines.

-Web search of what other “successful” PE&D programs State wide were doing in regards to SLO’s and how it was being recorded. So we “stole” the following template:
## Development Timeline (cont.)

### City College of San Francisco
**Student Learning Outcomes (SLOs) Assessment Report**
**Course Assessment**

**Division:** School of Health and Physical Education  
**Discipline/Program:** Physical Education

**Course Number and Name:** PE 240 Fitness Center Super Circuit

**Program Contact Person:** Sean Laughlin

**Reviewed by:**

**Date:** August 11, 2012

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**Institutional Learning Outcomes** | **Course Intended Outcomes** | **Means of Assessment and Criteria for Success** | **Summary of Data Collected** | **Use of Results**
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A. Analyze the importance of cardiovascular, strength and flexibility training as they relate to lifelong good health and fitness.

- **Means:** Students will be tested on general understanding of the importance of cardiovascular and strength training.
- **Criteria:** 90% must score 80% or better

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B. Calculate a level of cardiovascular conditioning as it pertains to Target Heart Rate.

- **Means:** Students will be tested on their ability to calculate using 60-70% target heart rate zone.
- **Criteria:** 80% of students must score 80% or better

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C. Evaluate muscular strength and endurance.

- **Means:** Students will be tested on their improvements in muscular strength from pre-semester to post-semester.
- **Criteria:** 80% of students must show 15% improvement

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D. Integrate the concepts of proper body alignment, training safety and injury prevention into a program for good back health.

- **Means:** Students will be tested on their understanding of proper alignment and technique for injury prevention.
- **Criteria:** 80% of students must score 80% or better
Development Timeline (cont.)

• Task: Develop our Department and Program SLO’s:

Overall
• Students participating in Dance, Activity, Kinesiology/theory and/or Intercollegiate Courses will be able to:
  • Apply knowledge from a Physical Education/Dance class towards achieving academic endeavors such as an Associate’s Degree or transfer to baccalaureate institution, enhance career opportunities, and become further engaged in the college and community’s social fabric through lifelong learning and cultural enrichment.

Intercollegiate Athletics
• Identify and demonstrate good sportsmanship, communicative and social interaction skills including the understanding of leadership and contributing roles while participating and/or competing on an intercollegiate team.

Activity
• Identify and analyze the importance of health concerns, safety and proper use of equipment while performing activity based movements.
• Identify and demonstrate the appropriate sequence of physical movements to successfully perform an activity/sport.

Theory/Kinesiology
• Integrate the knowledge/content in consideration of an Associate’s Degree in Kinesiology, Certificates in Physical Education, Coaching, Yoga or Strength and Conditioning, strengthen career opportunities in the health, fitness, and wellness fields, and synthesize community and global awareness through life long learning.

Dance
• Demonstrate technique that facilitates static and dynamic body alignment, safe body mechanics, appreciation of dance movement as an artistic expression, while developing social interaction skills, both verbal and nonverbal.
Development Timeline (cont.)

• From our Program SLO’s we developed our hierarchy for our sub groups who are the decision makers:
  - Intercollegiate Athletics
  - Activity
  - Theory/Kinesiology
  - Dance
  - Plus a few other key faculty members

-CMS (web – also checks SLO website for important deadlines and upload accordingly – also collects all SLO’s on standardized form and develops an organized file structure on dept. network)
Under each sub group there is a “course leader” who’s sole responsibility is to conduct assessments, turn in assessments for tabulation and lead course instructor revision meetings.

They are not involved in the policy or decision making process.

- Intercollegiate Athletics (17 teams M/W)
- Activity (80 courses) Weight training, Fitness Center, Aquatics, Court Sports, etc.
- Theory/Kinesiology (18 courses)
- Dance (70 courses)
2012 PE&D SLO Development Timeline:

- **September 5.**
  - SLO sub group meeting
  - Discussed College’s proposed mission statement and how our departmental SLO(s) tie into it.
  - Repeatability game plan regarding course “families”. Each sub group member to break down their version of PE&D families with rational. Turn into Coni by Fri.
  - New course and SLO implementation - Fall 2013
  - Refining SLO/assessments and outlines –Fall 2013
  - Pre survey completed for Weight training. Scantrons to be processed and data inputted into SLO forms.
  - Survey process refined and defined.
  - Sept 12 Flex Day PE&D goals defined.

- **August 29.**
  - SLO sub-group coordinator meeting with additional key personnel in department.
  - Update on Department SLO progress.
  - Tasks due by Aug 31 as established by Office of Instruction are met.
  - Assessment process is established for all courses as well as pre-assessment for select activity courses. Meeting to take place prior to Sep 12 (TBA)
  - Exact assessment process parameters will be gone over by sub-group coordinators to instructors at Sept 12 Flex day.

- **August 23.**
  - SLO sub-group coordinator meeting. Update on department SLO progress and game plan.
  - Assessment game plan is discussed and rough draft is developed.
  - Department SLO web page is updated.
  - Date for Department SLO presentation to Curriculum Committee is set (Sep 26 hard copy SLO's to be submitted to Office of Instruction and Oct 10 is actual meeting date).
  - The process of uploading SLO's to the Office of Instruction's web form is started.

- **August 10-22.**
  - Program SLO's are turned in on departmental standardized SLO form and are stored on dept network.

- **August 8-10.**
  - All sub-group coordinators meet to establish revised SLO’s