

Sexual Health Educator Certificate of Achievement - Active

Department: Women's Studies

Approval: February 2017

Effective Semester: Fall 2017

The curriculum for the Sexual Health Educator Certificate will train students as paraprofessionals in safe and healthy sexuality including violence prevention and intervention, HIV/STI prevention, and the promotion of mature intimate relationships.

The integrated program offers students an opportunity to identify various markers of sexual health, which will enable them to promote healthy and safer sexual relationships in their client populations. They will be able to teach others to negotiate sexual situations with more confidence, knowing their limits, recognizing danger zones, assessing risk factors, and respecting their own and their partners' needs.

Learning Outcomes

Upon completion of this program, students will be able to:

- Provide accurate, timely information about safe and healthy sex practices.
- Apply behavior change theory to real-life situations.
- Offer appropriate agency and clinic referrals.
- Provide general sexual health advice sensitive to diverse cultures, genders, and sexual orientations.
- Identify and address signs to look for in an abusive personality, strategies for leaving an abusive relationship, and rape prevention techniques, as well as characteristics of a healthy, mature, non-violent intimate relationship.
- Recognize and address co-factors which increase the risk of HIV/STI infection.
- Create and produce sexual health education events.

Requirements for the Certificate of Achievement. The certificate requires completion of 16 units, which can be completed in one semester. Each course must be completed with a final grade of "C" or higher or Pass.

Credit toward Graduation. Credit earned to obtain the Certificate of Achievement satisfies the G2 and H2 graduation requirements, and course work is transferable to the California State University.

Credit toward other CCSF Certificates. Several of the required and elective courses of the Certificate satisfy required or elective courses of the Community Health Worker, Infectious Disease Prevention in Priority Populations, and Trauma Prevention and Recovery Certificates.

The minimum time for completion of this certificate is 1 semester. Completion time will vary based on student preparation and number of classes completed per semester.

Courses Required for the Certificate of Achievement in Sexual Health Educator

Course	Units
Required courses:	
WOMN 54 - The Politics of Sexual Violence	3.00
WOMN 55 - Ending Sexual Violence: Peer Education	3.00
IDST 17 - Human Sexuality	3.00
HLTH 54 - Introduction to Public Health	3.00
Total:	12.00
Choose 4 units from the following courses:	
SOC 25 - Sex and Gender in American Society	3.00
SOC 35 - Sex, Marriage and Family Relationships	3.00
PSYC 9 - Psychology of Stress	3.00
PSYC 25 - Psychology of Gender	3.00
ANTH 20 - Lesbian Gay Bisexual Transgender Anthropology	3.00
ANTH 25 - Culture, Gender and Sexuality	3.00
HLTH 64 - Health Education Practice	3.00
HLTH 67 - HIV and Hepatitis Navigation Skills	3.00
HLTH 97 - Stress and Resilience	3.00

LGBT 21 - Issues in Lesbian Relationships	3.00
LGBT 24 - Intimacy and Relationships between Men	3.00
HLTH 95 - Transgender Health: Working with Clients and Communities	1.00
PSYC 14 - Psychology of Shyness and Self-esteem	1.00
PSYC 15 - Assertive Behavior	1.00
PSYC 17 - Psychology of Eating, Food, and Weight	1.00
IDST 81B - Diversity and Social Justice: Anti-Semitism/Anti-Arabism	1.00
IDST 80A - Diversity and Social Justice: Racism	0.50
IDST 80C - Diversity and Social Justice: Sexism	0.50
IDST 80D - Diversity and Social Justice: Heterosexism	0.50
IDST 80E - Diversity and Social Justice: Ableism	0.50
IDST 80F - Diversity and Social Justice: Class and Classism	0.50
IDST 80G - Diversity and Social Justice: Transphobia	0.50
	Total: 4.00
	Total: 16.00

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