

Dance - Performance Art AA Major - Active

Department: Physical Education and Dance

Approval: February 2017

Effective Semester: Fall 2017

The Dance Program has been an integral part of City College of San Francisco's Physical Education Department since its inception over 70 years ago. Due to the integrity, diversity, and excellence in teaching, this program has steadily grown. Owing to the longevity of high standards and quality of instruction, the prestigious Izzy Award for Sustained Achievement was awarded to the CCSF Dance Department in 2007.

The curriculum for the Associate Degree in Dance allows students to develop skills to pursue careers in choreography, dance performance, dance anthropology, dance education, and performance studies, as well as fulfills most of the lower division requirements for many four-year institutions. Faculty are dedicated to creating the "whole" dancer, nurturing mind, body, and spirit. The Dance Program provides comprehensive studies including history, theory, choreography, technique, and performance. Additional classes such as Anatomy and Nutrition are included to support the student's development.

The program highlights dance technique (ballet, modern, African Haitian, and jazz) and performance, while providing the student with all of the tools necessary to become a healthy and well-rounded dancer. The student will also have the opportunity to explore the sciences and history as part of our diverse program. Good nutrition and proper alignment are emphasized and ample performance, choreography, and production opportunities are available. Special focus is given to prepare the dancer for transfer to upper division courses at a four-year college or university.

Learning Outcomes

Upon completion of this program, students will be able to:

- Apply observational and evaluative skills to the creative processes required of dance production.
- Synthesize the physical skills and dance knowledge learned in the major to meet academic and industry standards.
- Exhibit professionalism during dance training and performance.

Prerequisites: DANC 119B, DANC 124B, DANC 129B, DANC 133A, DANC 138A, or demonstration of courses' exit skills.

Assuming students start this AA with transfer-level math and English eligibility, the minimum time for completion is 4 semesters. Completion time will vary based on student preparation and number of units completed per semester.

Courses Required for the Major in Dance - Performance Art AA

Course	Units
First Semester Required Courses:	
DANC 34A - Dance Conditioning	1.00
DANC 100A - Beginning Dance Composition	3.00

DANC 102A - Beginning CCSF Repertory Dance Company - Local Theatre	1.00
DANC 133B - Advanced Beginning African Haitian	1.00
DANC 134A - Beginning Tap Dance	1.00
Total:	7.00
First Semester: Choose one of the following modern dance courses:	
DANC 124C - Intermediate Modern Dance	1.00
DANC 126B - Intensive Modern Dance	2.00
Total:	1.00 - 2.00
First Semester: Choose 1 unit from the following electives:	
DANC 122 - Beginning Pointe Technique	1.00
DANC 127A - Dance Improvisation: Group	1.00
DANC 127B - Dance Improvisation: Solo and Duet	1.00
DANC 134B - Advanced Beginning Tap Dance	1.00
DANC 134C - Intermediate Tap Dance	1.00
DANC 134D - Advanced Intermediate Tap Dance	1.00
DANC 138D - Advanced Hip Hop Dance	1.00
DANC 145A - Beginning Ballroom Dance	1.00
DANC 150A - Beginning Swing Dance	1.00
DANC 155A - Beginning Salsa and Other Latin Dances	1.00
DANC 151A - Beginning Lindy Hop	1.00
DANC 160A - Beginning Argentine Tango	1.00
DANC 172A - Zumba: Latin Style Dance Forms	1.00
DANC 172B - Zumba: Street Style Dance Forms	1.00
DANC 173 - Yoga Movement	1.00
PE 223A - Feldenkrais, Level 1	1.00
Total:	1.00
Second Semester Required Courses:	
DANC 30 - Dance History - Dance in Cultural Context	3.00
DANC 133C - Intermediate African-Haitian Dance	1.00
Total:	4.00
Second Semester: Choose one of the following ballet courses:	
DANC 119C - Intermediate Ballet	1.00
DANC 121B - Intensive Ballet	2.00
Total:	1.00 - 2.00
Second Semester: Choose one of the following hip hop courses:	
DANC 138B - Advanced Beginning Hip Hop Dance	1.00
DANC 138C - Intermediate Hip Hop Dance	1.00
Total:	1.00
Second Semester: Choose one of the following nutrition courses:	
BIO 132 - Introduction to Nutrition	3.00
HLTH 176/PE 20 - Sports Nutrition	3.00

	Total:	3.00
Third Semester Required Courses:		
DANC 32 - Black Tradition in American Dance		3.00
DANC 37 - Feldenkrais for Dance and Performing Arts		1.00
DANC 119D - Advanced Intermediate Ballet		2.00
DANC 129C - Intermediate Jazz Dance		1.00
DANC 100B - Intermediate Dance Composition		3.00
	Total:	10.00
Fourth Semester Required Courses:		
BIO 106 - Introduction to Human Anatomy and Physiology		4.00
DANC 124D - Advanced Modern Dance		2.00
DANC 129D - Advanced Jazz Dance		1.00
	Total:	7.00
Fourth Semester: Choose one of the following dance production courses:		
DANC 101A - Dance Performance Production		1.00
DANC 101B - Dance Performance Production		2.00
DANC 102B - CCSF Repertory Dance Company - Local and Touring		3.00
	Total:	1.00 - 3.00
	Total:	36.00 - 40.00

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