



## Men's and Women's Basketball Grab No.1 Seed in North Bracket

By Marcus Tolero

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It's home-cooking throughout the playoffs for the City College of San Francisco's men's and women's basketball teams. The California Community College Athletic Association awarded both Rams teams with the No. 1 seed in the NorCal Region Bracket that was released yesterday afternoon.

The Rams basketball squads are coming into the playoffs after dominating opponents during their respective regular seasons. The men's team finished with an astounding 27-1 record (12-0 conference) and captured their sixth consecutive Coast-North Conference title. The women's team finished with a 25-3 record (12-0 conference) and won its fifth conference title in the last seven years.

The men's basketball team completed one of the most dominant regular seasons ever for a CCSF men's basketball squad. Their 27-1 record ranks second to only the historic 2012-2013 squad, which finished 28-0 and was led by CCSF legend, NBA First-Round Draft Pick, and current Toronto Raptors rookie guard Delon Wright.

This year's team, currently on an 18-game winning streak, is arguably one of the best two-way teams in the state. Their points-per-game average of 89.6 and points-per-game-allowed average of 69.6 led to wide-margined victories throughout the season. The Rams were led by the sophomore duo of forward Jalen Canty and point guard Trevor Dunbar. Canty averaged 13.8 points, 8.9 rebounds, and 3.5 blocks and shot 59 percent from the field. Dunbar averaged 12.0 points, 4.9 assists, and 2.3 steals.

Head Coach Justin Labagh, who captured his 11<sup>th</sup> coast conference championship in 13 years, said the team is ready for the playoff grind.

"I think we are all looking forward to getting Keondre Dew back (out with injury) and making a run for this championship. I am happy with where we are, and itching to play again," Labagh said.

The women's team also turned in one of the best regular seasons ever for a CCSF women's squad. Their 25-3 record is the best finish by the Rams in the last six years.

The Rams, riding into the playoffs on a 14-game winning streak, can also be considered as one of the best all-around teams in California. Their points-per-game average of 73.5 and points-per-game-allowed average of 54.4 resulted in many lopsided victories. Sophomore center Danielle Palmer and freshman guard Gabrielle Vigil were key cogs in the Rams successful regular season. Palmer averaged 15.1 points, 9.3 rebounds, and 3.4 blocks. Vigil averaged 21.2 points, 3.3 assists, and 2.0 steals.

Second-year head coach Derek Lau said that he is proud of how his team finished; however, he understands that the season now comes down to single-game elimination, and he will depend on the experience of sophomores Palmer and guards Cassidy Chan and Kelly Wong to get the team through the playoff gauntlet.

"The team worked really hard during the season. To finish (conference play) 12-0, is a great accomplishment but we know that we have another five-game season coming up. Our goal is to take it to the state championship," Lau said.

Both Rams squads will take on the winners from Wednesday night's first-round matchups. For the men, the Rams will play either No. 16 Columbia College or No. 17 Sierra College. The women's team will face No. 16 College of the Sequoias or No. 17 San Jose City College. The Rams basketball teams will play this Saturday, Feb. 27. Game times TBA.

CCCAA STATE Championship Brackets:

<http://www.cccaasports.org/Releases/2016RegionalSeeds>