

# ADDENDUM - Spring Flex Day, January 13, 2012

## ADDED WORKSHOPS:

### **534 – Depression and Suicide Prevention**

*Lori Wong, LCSW, Student Health, Psychological Services*

Time: **2:00 - 3:00**  
Place: **Student Health Ctr. 136**  
Credit: **1.00**

With the complexities of society and culture, along with today's tough economic times, increasing numbers of people are experiencing stress and depression. Here in Student Health Psychological Services, it's evident in the increasing demand for our services. As instructors, you are surrounded by students with numerous challenges and can serve on the front line for identifying depression among our students.

Learn to identify symptoms of depression, how you can respond, and what resources are available to address these concerns.

Teacher, parent, other adult or peer support can be the difference between hope and despair.

Let's talk about this important topic.

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### **535: How to Work with Disruptive Students Using Classroom Management Techniques**

*Ted Alfaro, Director Special Projects: Student Advocacy, Rights, and Responsibilities*

Time: **1:00pm - 2:00pm**  
Place: **Multi-Use 340**  
Credit: **1.0**

This workshop will introduce effective strategies when dealing with disruptive students. This presentation will also provide faculty with a variety of options they have at their disposal to use in their classroom.

The session will cover the following topics:

- Rules of conduct;
- Types of discipline;
- Due process;
- Instructors' discipline procedures;
- Student complaints;
- Students' complaints against a faculty member or student;
- Administrative discipline;
- Disciplinary options;
- Hold request form by administrators; and
- Instructors discipline forms.

## CANCELED WORKSHOPS:

- **CRN 529 - Preparation for Statistics: An Alternate Path to Transfer - Level Math**

## TIME / CREDIT CORRECTION:

- **508R - Perceptions of Blacks in "Western" Thought and Imagination from Antiquity Through the Enlightenment**

**Time: 2:00 - 3:30      Credit: 1.50**

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## PRESENTER CORRECTIONS & ADDITIONS:

➤ **403V - Honduras: Two Years After the Coup**

*Bie Tan*, Member of human rights delegation to Honduras (July 2011), and **Math Instructor**

➤ **CRN 501H - "Coming Out to Students"**

*Armen Hovhannes*, **ESL Instructor** (Correction)

*Tracy Burt*, Teacher Prep Center Coordinator

*Mary Bravewoman*, **Math Instructor** (Addition)

➤ **CRN 502 - Psychosis: Psychology & Pre-Indications**

*Host: Sunny Clark*, **Associate Dean Student Health**, (Addition)

➤ **CRN 505 - Helping Student Veterans Succeed at CCSF**

*Fred Chavaria*, **Dean, Behavioral/Social Sciences** (Addition)

*Keith Armstrong*, **Veterans Administration** (Addition)

*Darren Keast*, **English Instructor** (Addition)

*Christopher Loverro*, **Filmmaker** (Addition)

## TITLE CHANGE:

➤ **CRN 532 - "Literacy Activities: Make Teaching Points Fun"**

(Was: *Engaging Activities for Literacy: Reading, Writing and Exercising*).

## LOCATION CHANGE:

➤ **CRN 500** – *Unlocking the Power of CalSTRS* – **MUB 330**

➤ **CRN 512** – *What Now? Retirement Distribution Planning* – **MUB 330**

➤ **CRN 515** – *Conversational and Cultural Competencies in the Real World* – **MUB 357**

➤ **CRN 520** – *The ESL Student Wiki: Free Resources, The Student Wall, Empowering Students*- **Cloud 109**

➤ **CRN 522** – *Transit & Trails: Great Bay Area Hikes Without a Car* – **MUB 280**

➤ **CRN 531** – *ROTH is Right for You!* – **MUB 361**

## REVISED WORKSHOPS:

**CRN 518- Marijuana Use/Abuse: The Harm Reduction Continuum Model**

"Most human service providers have had no formal training on substance use/abuse issues and have only had the traditional disease model of chemical dependency on which to base referral decisions. This would also hold true for most educators outside of the medical, mental health, and drug treatment fields. This workshop involves engaging faculty in an honest dialog on preconceived ideas and/or value judgments about drug use/misuse. Four models of "addiction" will be introduced.

The Harm Reduction Continuum of drug use/abuse model will be discussed for the purpose of promoting informed decision making in the classroom; in addition, there will be a brief discussion on the impact of marijuana use/abuse on short-term memory, metacognition, and motivation. Workshop participants will learn to deliver the Harm Reduction Continuum Model in a nonjudgmental manner, and participants will share their best practices in converting the continuum model into learning opportunities in the classroom for students.

Rudy Padilla is a former HIV/AIDS Case Manager, HIV Testing Program Manager, and Harm Reduction Trainer with a decade of experience working in community-based medical clinics and hospitals in Boston and San Francisco."

## **PARTICIPATING VENDORS:**

### **AAA Northern CA, Nevada & Utah**

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# Professional Development Activities Workshop Evaluation

(Spring 2012)

CRN # \_\_\_\_\_ or Workshop Title: \_\_\_\_\_

(Check one): I am:  Administrator  Department Chair  FT Faculty  
 PT Faculty  Classified

<b>Rate the effectiveness of the activity</b>	<b>4</b> Strongly Agree	<b>3</b> Agree	<b>2</b> Disagree	<b>1</b> Strongly Disagree
The material was effectively presented.				
The handouts were useful.				
One or more of the concepts presented are useful to me.				
This activity provided valuable training.				
One specific change I will make as a result of this activity:				
Briefly state how this activity relates to your department, disciplines, student learning outcomes, or job:				
Additional comments or suggestions:				

I want a representative to contact me (name): \_\_\_\_\_ at: \_\_\_\_\_

Please return to: **Office of Professional Development, 33 Gough Street, San Francisco, CA 94103**  
 (415) 241-2320 \* Fax (415) 241-2347