



Mission Statement: Create positive learning experiences that support student learning

LEARNING OUTCOMES	CONTENT	CLASSROOM ASSESSMENT	ANALYSIS OF ONLINE ASSESSMENT
Construct and analyze personal management charts of time and energy.	Life Management 1. Setting goals and priorities, making decisions 2. Time and energy management 3. Motivation and procrastination 4. Taking responsibility and overcoming fear 5. Self-esteem and self-awareness 6. Application of management skills to current classes	<ul style="list-style-type: none"> ▪ Construct personal time and energy management studies. ▪ Develop to-do lists and prioritization chart. ▪ Construct “Procrastination Logs” to discover personal patterns. ▪ Analyze personal experiences: objective and subjective descriptions. 	<ul style="list-style-type: none"> ▪ College Success Survey (C.S.S.) indicated Time Management was the most used college success strategy (67% of students apply time management skill after leaving College Success course. It is important to develop comprehensive curriculum for all instructors teaching college success.
Evaluate learning styles and apply them to life-long learning.	Learning Styles 1. Active and passive learning 2. Brain dominance: left and right brain learning 3. Learning styles 4. Self-directed and collaborative learning 5. Visual, auditory, kinesthetic, and tactile learning modes 6. Application of learning styles theory to current classes	<ul style="list-style-type: none"> ▪ Construct a chart differentiating between left and right brain dominance. ▪ Identify and develop of study and learning for all learning styles. ▪ Identify and create less comfortable learning strategies. ▪ Administer modality preference inventory, multiple intelligence assessments and personality assessments. 	<ul style="list-style-type: none"> ▪ College Success Survey (C.S.S.) indicated Learning Style Strategies was one of the most used college success strategy (56% of students apply Participation strategies after leaving College Success course. It is important to develop comprehensive curriculum for all instructors teaching college success.
Examine personal and educational values and compare those values to those of diverse cultures.	Personal and Educational Values 1. Personal values, identity, and cultural diversity 2. Taking responsibility for educational goals 3. Educational and intellectual values 4. Life transitions	<ul style="list-style-type: none"> ▪ Draw a comparison chart contrasting personal values to those of diverse cultures. 	<ul style="list-style-type: none"> ▪
Assess wellness concepts, including stress, diet, sleep and exercise and develop a personal health assessment and action plan.	Maintaining Health 1. Healthy, balanced lifestyle and the mind / body interplay 2. Managing stress and relaxation techniques 3. Dietary, sleep, and exercise requirements 4. Drug and alcohol usage	<ul style="list-style-type: none"> ▪ Develop a plan to reduce stress. 	<ul style="list-style-type: none"> ▪

<p>Apply lecture note taking technique to lectures from the current semester.</p>	<p>Strengthening Memory and Concentration</p> <ol style="list-style-type: none"> 1. Principles of learning and forgetting 2. Short and long term memory 3. Recognition and recall techniques 4. Concentration techniques and self-discipline 5. Mnemonic devices 6. Application of memory, concentration to current classes 7. Lecture Note taking 8. Active listening 9. 5R and other lecture note taking technique 10. Signal words and summarizing techniques 11. Class participation techniques 12. Application of lecture note taking to current classes 	<ul style="list-style-type: none"> ▪ Present a memory aide to the class. ▪ Construct effective mnemonic devices. 	<ul style="list-style-type: none"> ▪ College Success Survey (C.S.S.) indicated Participation in Class was one of the most used college success strategy (56% of students apply. Participation strategies after leaving College Success course. It is important to develop comprehensive curriculum for all instructors teaching college success.
<p>Assess textbook studying techniques and employ them to current textbooks.</p>	<p>Textbook Study Systems</p> <ol style="list-style-type: none"> 1. Survey of textbooks and chapters 2. SQ5R, SOAR and other textbook study techniques 3. Textbook reading techniques: topic sentences, main ideas, summarizing 4. Textbook note taking techniques: lists, cards, mapping, outlining, summarizing 5. Textbook marking 6. Application of textbook study systems to current classes 	<ul style="list-style-type: none"> ▪ Develop a note taking system for a textbook in current use and apply the system. ▪ Utilize the Cornell method of note taking in one class. 	<ul style="list-style-type: none"> • Need to develop better instructional practices for Effective Reading Techniques. One of the least used strategies at 26%.
<p>Compare and contrast study techniques for math, science, and liberal arts courses.</p>	<p>Subject-Specific Study Techniques</p> <p>Math Science Liberal arts Application of subject-specific study techniques to current classes</p>	<ul style="list-style-type: none"> ▪ Outline study techniques for math, science, and liberal arts assignments. ▪ Use documentation to annotate sample writing. 	<ul style="list-style-type: none"> ▪
<p>Formulate test taking strategies for both objective and essay exams and prepare practice exams and practice exam questions.</p>	<p>Test taking</p> <p>Text-taking anxiety: visualization and relaxation techniques Test preparation and test-taking strategies Objective exams Essay exams Application of test taking to current classes</p>	<ul style="list-style-type: none"> ▪ Use documentation to annotate sample writing. ▪ Combine text, notes, and previous homework assignments. ▪ Write sample test questions for an upcoming exam. ▪ Develop and implement study groups to prepare for tests. 	<ul style="list-style-type: none"> ▪ Need to develop better instructional practices for Study Groups. One of the least used strategies at 15%.

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Employ the use of computers to library research.	<p>Using the Library</p> <ol style="list-style-type: none"> 1. Research materials and techniques 2. Use of computers for library research 3. The Library's two hour orientation is highly recommended 4. Documentation techniques 5. Plagiarism 6. Application of library usage to current classes 	<ul style="list-style-type: none"> ▪ Complete library self-guided tour. ▪ Use student ID card to access library catalogs and indexes off campus. 	<ul style="list-style-type: none"> ▪ College Success Survey (C.S.S.) indicated Library Research Skills was one of the most used college success strategy (54% of students apply Library Research Strategies after leaving College Success course. It is important to develop comprehensive curriculum for all instructors teaching college success.
Examine critical analysis techniques and demonstrate those techniques using problem solving and decision making models.	<p>Critical Analysis and Problem Solving</p> <ol style="list-style-type: none"> 1. Analytical, cognitive, vertical thinking style 2. Problem solving and decision making strategies 3. Data, information, bias, facts, opinion, 4. Assumptions, evidence, arguments, judgments, evaluation, explanation 5. Application of critical analysis and problem skills to academic classes 	<ul style="list-style-type: none"> ▪ Solve problems using analytical thinking and problem-solving techniques. ▪ Utilize systematic problem solving model to solve case studies and then in one's own academic, personal, and profession lives. ▪ Understand and utilize effective debating skills. 	<ul style="list-style-type: none"> ▪ College Success Survey (C.S.S.) indicated Creative and Visual Thinking Skills was one of the most used college success strategy (56% of students apply Creative and Visual Thinking Skill after leaving College Success course. It is important to develop comprehensive curriculum for all instructors teaching college success.