



Academic Study Strategies

Study smarter and more effectively. Here are a few of the ways you can become a better student, and a more successful student. Remember that college is as hard as we make it, and when you put the right strategies for YOU to use, you can make college fun—and easier than you may have imagined. Go to the Learning Assistance Center to get more information on each of the categories you see below.

Learning Styles

- ✘ Evaluate and understand the ways you learn best.
- ✘ Use your knowledge of learning styles to help you succeed in school by employing the right classroom and study strategies.

Thinking

- ✘ Use brainstorming to generate solutions to problems.
- ✘ Build new viewpoints by gathering information and ideas from many different sources, such as personal experience, communication with others, books, and the internet.

Reading

- ✘ Preview and review reading assignments.
- ✘ Ask yourself questions about the material when you read. When you don't understand something, write your question down and actively seek the answer.
- ✘ Select a reading strategy that fits the type of reading you're doing.

Memory

- ✘ Relate new information to what you have already learned.
- ✘ Summarize what was discussed at the end of each lecture.
- ✘ Review information often using daily, weekly and major reviews.

Note Taking

- ✘ Become aware of the various methods for taking notes and choose the one that is best for you and best for each class and instructor.
- ✘ Review your class notes within 24 hours of taking them.
- ✘ Do assigned readings before going to class so you can more easily distinguish the important material and key ideas.

Test Taking

- ✘ Predict test questions and create practice tests as part of your study strategy.
- ✘ Distribute your learning by creating a study plan and studying a little bit at a time instead of cramming.
- ✘ Adapt your study methods and test taking strategies depending upon the type of test you're taking.