



Know Your Values

Learn more about your own values and how they clash or coincide with those you feel are the majority. Identify the values that are most significant to you and the values you feel best represent the majority culture. By doing so, you will clarify and more fully understand cultural connections and conflicts.

Your Values	Values you identify with the Majority Culture	Your Values	Values you identify with the Majority Culture
<input type="checkbox"/> Punctuality	<input type="checkbox"/>	<input type="checkbox"/> Generations live together	<input type="checkbox"/>
<input type="checkbox"/> Use of time	<input type="checkbox"/>	<input type="checkbox"/> Strong kinship bonds	<input type="checkbox"/>
<input type="checkbox"/> Materialistic	<input type="checkbox"/>	<input type="checkbox"/> Godparents very important	<input type="checkbox"/>
<input type="checkbox"/> Honor & loyalty	<input type="checkbox"/>	<input type="checkbox"/> Family loyalty	<input type="checkbox"/>
<input type="checkbox"/> Power & prestige	<input type="checkbox"/>	<input type="checkbox"/> Personal identity subordinate to family	<input type="checkbox"/>
<input type="checkbox"/> Cooperative	<input type="checkbox"/>	<input type="checkbox"/> Children reared collectively	<input type="checkbox"/>
<input type="checkbox"/> Universal self	<input type="checkbox"/>	<input type="checkbox"/> Children indulged and not punished	<input type="checkbox"/>
<input type="checkbox"/> Individual self	<input type="checkbox"/>	<input type="checkbox"/> Males more valued	<input type="checkbox"/>
<input type="checkbox"/> Age-oriented	<input type="checkbox"/>	<input type="checkbox"/> Parents sacrifice for children	<input type="checkbox"/>
<input type="checkbox"/> Racial pride & reverence for lineage	<input type="checkbox"/>	<input type="checkbox"/> Body contact decreased as child ages	<input type="checkbox"/>
<input type="checkbox"/> Personal uniqueness & style	<input type="checkbox"/>	<input type="checkbox"/> Verbal	<input type="checkbox"/>
<input type="checkbox"/> Competitive	<input type="checkbox"/>	<input type="checkbox"/> Child is most important member of a family	<input type="checkbox"/>
<input type="checkbox"/> Future oriented	<input type="checkbox"/>	<input type="checkbox"/> Anger acceptable	<input type="checkbox"/>
<input type="checkbox"/> Intuitive approach to problems	<input type="checkbox"/>	<input type="checkbox"/> Self-reliant & independent	<input type="checkbox"/>
<input type="checkbox"/> Strong sense of the individual	<input type="checkbox"/>	<input type="checkbox"/> Wife & mother most important female roles	<input type="checkbox"/>
<input type="checkbox"/> Religious	<input type="checkbox"/>	<input type="checkbox"/> Harmony between man & nature	<input type="checkbox"/>
<input type="checkbox"/> Youth very important	<input type="checkbox"/>	<input type="checkbox"/> Blend past, present & future	<input type="checkbox"/>
<input type="checkbox"/> Formalism in behavior	<input type="checkbox"/>	<input type="checkbox"/> Self-control	<input type="checkbox"/>
<input type="checkbox"/> Respect for hierarchy	<input type="checkbox"/>	<input type="checkbox"/> Assertive	<input type="checkbox"/>
<input type="checkbox"/> Patriarchal	<input type="checkbox"/>	<input type="checkbox"/> Rationality is highly prized	<input type="checkbox"/>
<input type="checkbox"/> Matriarchal	<input type="checkbox"/>	<input type="checkbox"/> Security	<input type="checkbox"/>
<input type="checkbox"/> Extended family	<input type="checkbox"/>	<input type="checkbox"/> Activity oriented	<input type="checkbox"/>
<input type="checkbox"/> Emotional expression	<input type="checkbox"/>	<input type="checkbox"/> Ownership of home and land	<input type="checkbox"/>
<input type="checkbox"/> Education	<input type="checkbox"/>	<input type="checkbox"/> Heroes and mentors	<input type="checkbox"/>
<input type="checkbox"/> Money	<input type="checkbox"/>	<input type="checkbox"/> Anger not expressed	<input type="checkbox"/>
<input type="checkbox"/> Equality	<input type="checkbox"/>	<input type="checkbox"/> Individualistic	<input type="checkbox"/>
<input type="checkbox"/> Democratic principles	<input type="checkbox"/>	<input type="checkbox"/> Courteous behavior and good manners	<input type="checkbox"/>
<input type="checkbox"/> Submissive	<input type="checkbox"/>	<input type="checkbox"/> Reverence for the dead	<input type="checkbox"/>
<input type="checkbox"/> Appearance	<input type="checkbox"/>	<input type="checkbox"/> Work oriented	<input type="checkbox"/>
<input type="checkbox"/> Financial advancement	<input type="checkbox"/>	<input type="checkbox"/> Spirituality	<input type="checkbox"/>
<input type="checkbox"/> Status	<input type="checkbox"/>	<input type="checkbox"/> Business oriented	<input type="checkbox"/>
<input type="checkbox"/> Independence	<input type="checkbox"/>	<input type="checkbox"/> Individual achievement	<input type="checkbox"/>
<input type="checkbox"/> Touching	<input type="checkbox"/>	<input type="checkbox"/> Other _____	<input type="checkbox"/>



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List ten of the values you have that you believe conflict with the majority of the culuture.

- 1) _____
- 2) _____
- 3) _____
- 4) _____
- 5) _____
- 6) _____
- 7) _____
- 8) _____
- 9) _____
- 10) _____

How do you resolve the conflict between your values and those of the majority culture?

Do your values coincide with your social, racial or ethnic group? If you answer yes, which ones? How do you practice those values in your daily life?

Do you see your values changing or have they stayed constant?
