

## Define Yourself

**Unit:** Personal Development

**Topic:** Self-Esteem

**Level:** ESL 7-9; ABE/ASE

**Objectives:** To recognize different elements of self-esteem; To assess oneself

**Length of Session:** 60 minutes

**EFF Standards:** Convey Ideas in Writing

**Language Arts Standards:** W1-Use prewriting strategies to generate and organize ideas. W4-Edit and

revise for word choice, organization, and consistent point of view and transitions **Vocabulary Introduced:** The adjectives in the ABC's Sheet

<b>SCANS/ EFF Common Activities</b>	<b>INTO</b>	<b>MATERIALS</b>
SCANS-Creative Thinking	Read the definition of self-esteem. Make sure Ss understand the word and/or concept of function. After each statement or aspect of the definition. Have students comment freely.	Functional Definition of Self-Esteem. My ABC's
	<b>THROUGH</b>	<b>EVALUATION</b>
EFF-Work in Teams	<p><b>PRESENTATION</b> Go over the ABC's adjectives. Make sure everyone understands fully their meanings and nuances.</p> <p><b>GUIDED PRACTICE</b> First create your own personal acronym. Two options (Both of these can be done at different times.) 1) Ss pair up. Their task is creating an acronym with the initials of each other's first names. Then each student will read the acronym they wrote in describing their partner. 2) Quietly each student creates his or her own acronym.</p>	
	<b>BEYOND</b>	
SCANS-Responsibility	<p><b>CLOSURE</b> Ask student volunteers to read out loud their own acronym or with permission their partner's acronym.</p>	Samples of the Ss acronyms for a bulletin board display and/or final book project.

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