

Case Study

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It is the beginning of the Fall Semester at the John Adams Campus of City College of San Francisco. Yvonne is 23 years old and is beginning her second semester. If all goes as planned this year, she will graduate in the Spring and will enroll in credit classes the following Fall.

Yvonne hopes that this semester will be easier than the last one. Even though she passed three out of four of her classes last semester, she struggled to come to school because she could not find a daycare center for her four-year-old daughter. She ended up missing many days of school because her daughter was so upset at the center that the staff would call Yvonne and ask her to come and get her daughter. So Yvonne ended up missing school.

She thinks things will be easier this semester because over the summer she found a daycare facility where her daughter seems happy. She also feels good this semester because, in the process of looking for adequate childcare last semester, she found her mission and dream: to someday open a quality, low-cost childcare facility for working mothers. In the years leading up to that dream, she plans on getting her AA degree, her childcare license, and experience in the field. She also wants to take business class to find out how to run her own childcare facility.

Another good thing that happened over the summer is that Yvonne met Sheryn, who is also working, going to school and raising a young family. Yvonne and Sheryn have talked about working together to stay strong and on the right track.

She will also need to save as much money as possible to carry her through the early years when she is struggling for recognition and making a name for her facility. Toward that end, she feels that she must keep her part-time job this semester, even though working evenings makes it hard to come to class at 8:30 a.m.

Another problem she has is spending enough time with her daughter. This becomes a problem on the weekends when she wants to play all day with her daughter, but knows that she should study because she needs to put in extra time to improve her writing skills.

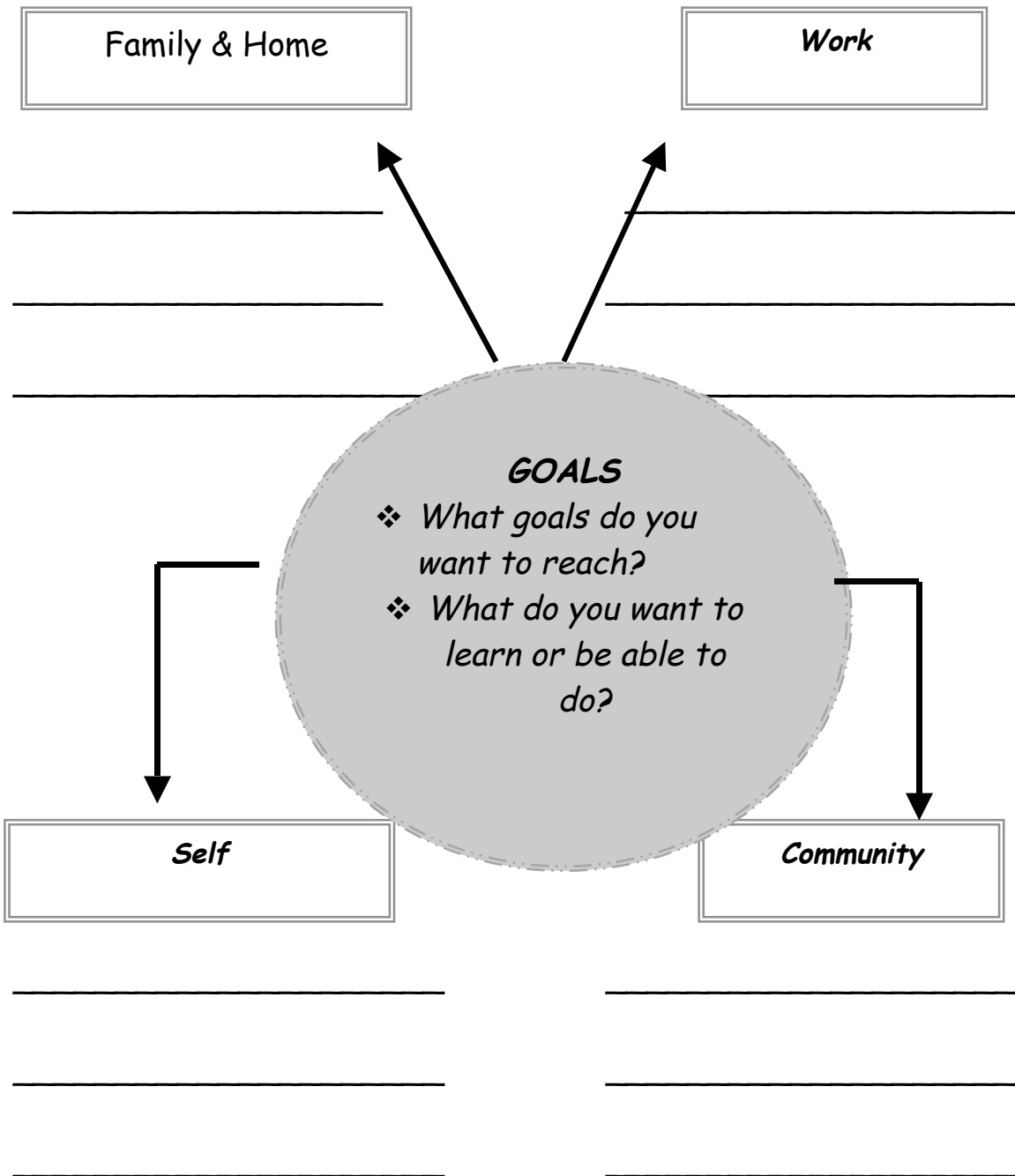
Questions to Answer in Groups

1. What is Yvonne's long-term goal? (More than 5 years to accomplish)
2. What are some mid-term goals she can work towards to reach her long-term goal?
3. What are some short-term goals that will support her mid-term goals?
4. What does your group imagine are some of the sacrifices Yvonne will have to make in order to achieve her short-term goals?
5. What are some of the obstacles she must overcome if she wants to achieve her short-term goals?
6. What are some of the forces that may help her to reach her short-term goals?

Long Term Goal Organizer

(Five or more years from now)

PART I: Answer the questions provided in the circle. Write down your answers for each section in the lines provided.



GOAL ORGANIZER: PART II

MID-TERM GOALS

(Accomplished in 2 to 5 years)

Some mid-term goals that support my long-term goals are...

1.

2.

3.

SHORT-TERM GOALS

(Accomplished in 6 months to 1 year)

Some short-term goals that support my mid-term goals are...

1.

2.

3.

SACRIFICES

(What do I have to give up to reach my goal?)

1.

2.

3.

OBSTACLES

Forces that may block me are:

1.

2.

3.

FORCES THAT CAN HELP ME

1.

2.

3.

