



HOEC 105 – Clinical Nutrition
PART 1 of “Clinical & Community Nutrition”
CRN #37994 (4 units)

SPRING 2009

Instructor: Teresa Leu, RD
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Tues & Thurs 9:00-11:45 a.m.
DeAvila school site, Room #103

Office Hours: Available T and Th before class, other times by appointment

Course Description

A two-part course that focuses on the principles of medical nutrition therapy and on nutrition applications in public health. The clinical nutrition component will cover effects of diseases and disorders on nutrition, and examines how diet therapy by itself or along with other treatment modalities promotes recovery and achievement of optimal nutritional status.

Required Text

Simplified Diet Manual, Tenth Edition by Iowa Dietetic Association, Andrea K. Maher, R.D. Editor; 2007, (ISBN -13: 978-0-8138-1878-8). Available from CCSF Bookstore at John Adams site.

Other Materials

Supplemental written materials and activity worksheets provided.

Method of Grading

See attached Criteria for Letter Grade

IMPORTANT Grading policy: HOEC 105 is a two-part course - the first half focuses on Clinical Nutrition and the second half focuses on Community Nutrition. Points earned are combined for a final grade at the completion of the course, however, students must pass both the Clinical and Community portions with a grade of C or higher, or be disqualified from the program and field experience.

Grade Calculation

A = 91-100%
B = 83-90%
C = 75-82%
D = 67-74%
F = <67%

**A grade of C or higher in each course is required to graduate from and continue in the program. For placement in the field experience (HOEC 106) students must have completed HOEC 98, 99, 100, 104, & 105 with a C grade or higher.*

Attendance and Participation

Students are expected to attend class regularly, and be on time. This course is taught in such a way that each class builds on information discussed in the previous session. On occasion, some classroom activities must be completed in class, with points earned for participation. Classroom activity sessions will require working individually or in groups.

Students must report an absence to the instructor via e-mail or phone as promptly as possible, just as you would for any job. Students who are absent will be responsible for all materials discussed, activities completed and/or assignments that are due. If you are absent, assignments may be dropped off, faxed, or emailed by the due date. As a rule, NO make-up quizzes, tests, and/or late assignments will be accepted. Only in extenuating circumstances, make-ups may be allowed only at the discretion of the instructor. It is the student's responsibility, NOT the instructor's, to take the initiative to make an appointment with the instructor, and/or to find out what he/she missed from fellow classmates.

Students with any absence must meet with the instructor for a conference.

Students with 3 absences (during entire course) will receive a grade of "Incomplete" (if grade so far is C or better) or be withdrawn from the program. If a student is absent for two (2) consecutive days from class due to illness, a physician's note is required before the student is allowed back to the program.

Attendance at all classes is limited to enrolled students only. Others, including children, will not be allowed to attend class sessions. Any student who does not comply with this will be sent home.

Punctuality

Students MUST arrive to class on time. We start and end our classes on time. Any student who arrives more than 10 minutes late is marked "tardy". Three tardies will be counted as one absence. Be sure to call in and leave a message if you are running very late. But realize that calling to say the student will be late does not excuse the tardiness.

Withdrawal Policy Deadlines

The last day to ADD class is January 22, 2009. Last day to drop for refund is January 15, 2009. Last day to drop without a "W" appearing on the record is February 3, 2009. Last day to drop with a "W" is March 12, 2009.

Remember, it is the student's responsibility to drop or withdraw from a class if he/she does not want to be assessed fees or avoid a grade notation. It is an instructor's responsibility to clear his/her class rosters. Note the two different types of responsibilities. Instructors are not responsible for meeting student deadlines.

Class Participation

Classroom activity sessions will require working individually or in groups. A student absent during any activity session will not earn points for the activity worksheet and participation. Activity worksheets are to be completed in the classroom and collected after the class. Anyone who is absent without a valid reason (i.e. unexcused absence) can complete and submit the worksheet but no points will be given.

Homework Assignments

Students are expected to submit assignments on time. Late assignments will not be accepted. All assignments must be completed by the student himself/herself, except for group assignments. No points will be given for work done by someone else.

Since assignments cannot be resubmitted for a better grade, it is important that the student submit his/her best work the first time.

Please print or write legibly. The instructor cannot grade materials that are not readable. All written reports must be typed, double spaced, 1" margins, 12-point font. Please use spell/grammar check.

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 Nutrition Assistant Program
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Spring 2009 Class Schedule

DATE	Topic	Quizzes/Assignments/Chapter Readings
Jan. 13 (T)	Lesson #1 Dysphagia and Stroke	Chapter 3 - pgs. 33-47 Chapter 4 - pgs. 49-54
Jan. 15 (Th)	Lesson #2 CVD/HTN	Quiz #1 Dysphagia/Stroke 2- Day Menus Due Chapter 8 - pgs. 83-88
Jan 20 (T)	Lesson #3 CVD/Atherosclerosis	Quiz #2 CVD/HTN Checkpoint #1 Due Chapter 7 - pgs. 78-82
Jan 22 (Th)	Lesson #4 Upper G.I. Disorders	Quiz #3 CVD/Atherosclerosis Chapter 5 – pgs. 60-61 Chapter 11 - pgs. 140-143
Jan 27 (T)	Lesson #5 Lower G.I. Disorders	Quiz #4 Upper GI Disorders Chapter 11 - pgs.134-137
Jan 29 (Th)	Lesson #6 Diabetes – Part 1	Quiz #5 Lower GI Disorders Chapter 6 – pgs. 63-74
Feb. 3 (T)	Lesson #7 Diabetes- Part 2	Quiz #6 Diabetes – Part 1 Checkpoint #2 Due
Feb. 5 (Th)	Lesson #8 Liver & Kidney Diseases	Quiz #7 Diabetes – Part 2 Chapter 9 – pgs. 89-109
Feb 10 (T)	Lesson #9 Cancer	Quiz #8 Kidney/Liver Disorders
Feb 12 (Th)	Lesson #10 HIV/AIDS	Quiz #9 Cancer
Feb 17 (T)	Lesson #11 Eating Disorders	Quiz #10 HIV/AIDS Final Project Due
Feb 19 (Th)	Review/Final	

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Criteria for Letter Grade

Percentage	Category	Points
48%	Quiz 1	Quizzes are given the first 15 min. of each class beginning Jan. 15th Quizzes are on prior class material.
	Quiz 2	
	Quiz 3	
	Quiz 4	
	Quiz 5	
	Quiz 6	
	Quiz 7	
	Quiz 8	
	Quiz 9	
	Quiz 10	
6%	Attendance & Participation +1 for perfect attendance -1 for each tardy (after 10 minutes)*	24 Subtotal = 25 points
	Final Project Checkpoint** 1 Due Jan. 20 Final Project Checkpoint 2 Due Feb. 3	25 25 Subtotal = 50 points
11.5%	Final Project DUE Due Feb. 17 (See Final Project Rubric)	Subtotal= 50 points
23%	Final Exam - February 19 (Quizzes and Class notes)	100 Subtotal = 100 points
	Final Grade	Total = 425 Points

* 3 Tardies = 1 Absence

**Checkpoints - The tip sheet should contain summaries of important information discussed in previous weeks' class lectures/notes. See sample tip sheets as guideline.

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Nutrition Therapy “Tip” Sheet

Criteria for Letter Grade

Accuracy of Information	Points	Clarity in Presentation (Typed and Organized)	Points	Laminated	Points
Diet therapy information is very accurate with no greater than 2-3 minor errors	20	Excellent tip sheet that is organized and easy to read with appropriate additions of bold, underline, etc.	20	Tip sheet is laminated as directed	10
Diet therapy information is accurate with no greater than 4-5 minor errors	17	Very good tip sheet relatively easy to read with some use of bolds, underlines, etc.	17	Tip sheet is laminated as directed	10
Diet therapy information contains more than 6 minor errors, but no gross errors	15	Good tip sheet, but somewhat difficult to read information and main points	15	Tip sheet is laminated as directed	10
Diet therapy information is inaccurate with 2+ gross errors	12	Poor tip sheet; very difficult to read main points	12	Tip sheet is laminated as directed	10
Did not hand in tip sheet	0	Did not hand in tip sheet	0	Did not hand in tip sheet	0

Final Tip Sheet is due on Thursday, February 19, 2009