

**Nutrition Education for Kids**  
**Group Presentations** (25 points)



- The purpose of this project is to explore the variety of nutrition education resources available, choose a relevant lesson for children, plan and present in class as a means to share teaching strategies/ideas/resources.
- Working as a team, plan and present a 15-minute nutrition education session targeting children.
- There is no need to reinvent. Use the resources available! Explore the website resources on our course webpage at [www.ccsf.edu/lyamashi](http://www.ccsf.edu/lyamashi).
- Make it interactive and fun! Get the audience involved. Engage the senses! Because of the short time limit, you may or may not be able to deliver the whole lesson but at least demonstrate an activity from the resource curriculum. “Show & tell” about the resource.
- If you need copying done, please give to instructor a week ahead of time.

**Rubric:**

Criteria		Points		Points		Points
<b>Discussion Plan &amp; Content</b>	Incorporates a relevant nutrition education resource  Organized  Creative  Stays ±5 minutes of time limit	<b>10</b>	Discussion needs improvement in one or more areas  Too short or too long	<b>8</b>	Did not incorporate a relevant nutrition education resource  Unorganized  Lacked creativity  Way too short or too long	<b>5</b>
<b>Presentation</b>	Mechanics of presentation— excellent delivery and flow; interesting, engaging, and interactive; good use of visual aids	<b>10</b>	Presentation skills are of average quality or need improvement in one or more areas.	<b>8</b>	Did not practice or prepare well enough  no visual aids	<b>5</b>
<b>Teamwork</b>	Worked cooperatively and effectively with team. Members contributed equally to group effort.	<b>5</b>	Some challenges in working together as a team. Presentation was not fully coordinated between the members.	<b>3</b>	Much difficulty working together as a team. Work load was not equitable.	<b>1</b>