

CITY CURRENTS



A NEWSLETTER FOR THE CITY COLLEGE COMMUNITY

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SEPTEMBER 1–7, 2003

Facilities upgrades underway throughout the District

City Currents asked **David Liggett** and **Tobin Kendrick**, Director and Associate Director, respectively, of the Office of Facilities Planning and Construction, what physical changes were undertaken during the summer at City College of San Francisco. They pointed out that among the projects that have been completed, or are underway are:

All campuses

The installation of a new NextiraOne telephone system is underway, with completion expected in October.

Ocean Avenue Campus

- **Student Union:** The flooring has been replaced with new linoleum. A new conference room and the new bookloan office are under construction on the lower level, and a computer kiosk has been created out of the old S3. The old bookloan area will be remodeled to accommodate S3. Work will continue during the fall semester, including renovation of the stairs, adding a skylight, remodeling the restrooms, and adding a wheelchair lift.

- **Conlan Hall:** The Student Testing Center in the basement was completed.

- **Science Hall:** The fire alarm system is being upgraded now. All exterior windows will be replaced, beginning in October.

- **Cloud Hall:** A new ventilation system for the Film Department was installed.

- **Batmale Hall:** The fire alarm system was upgraded, and all exterior doors replaced. There will be an upgrade to the heating, ventilating and air conditioning system, and next summer the Technology Learning Center (TLC) will be renovated.



Photo by Monica Davey

David W. Liggett (right) and Tobin Kendrick are pictured in the Office of Facilities Planning and Construction.

- **Visual Arts:** Improvements to many classrooms are underway.

- **Creative Arts:** All classrooms have been painted. The installation of vinyl wallcoverings in the hallways is being completed, and new room signage is being installed.

- **Horticulture:** The construction of a new equipment shelter is in progress.

- **Tennis Courts:** bleachers and a wheelchair ramp have been installed.

- **Stadium:** A new championship sign will be under construction shortly.

- **All buildings:** An interim upgrade to the fire alarm system was completed this summer.

- Major projects which are moving toward the construction phase next year include: Student Health and Child Development Center in March 2004; the Community Health and Wellness Center in August 2004; and in the reservoirs, the relocation of the entrance and removal of

the center berm between the two reservoirs in Spring 2004 will create more space and improve traffic flow.

Downtown Campus

- Ground floor renovation is underway. This will include a new building entrance on 4th Street; renovation of all elevators; installing new heating, ventilation and air condition systems; and moving the Educated Palate restaurant from the basement to the first floor. Later this fall, the library will be remodeled, and there will be improved accessibility to the restrooms throughout the building.

Evans Campus

- The seismic upgrade has been completed and new classrooms created on the second floor.

John Adams Campus

- The corridors of the basement, second and third floors have been repainted. A partial renovation of the main building and a complete renovation of the gymnasium will be completed in February 2004.

Gough Street Site

- There is increased accessibility of the restroom by the loading dock on the upper level. New entrance doors to the main level have been installed.

Funding

The Facilities Planning and Construction office makes applications annually for funding from the state's capital improvement and scheduled maintenance funds. The above listed projects were funded by that method as well as the 1997 and 2001 bond issues passed by the voters of San Francisco.

CITY CURRENTS

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City Currents welcomes submissions from all members of the City College of San Francisco Community.

Please note that the deadline is 10 AM Monday one week prior to the issue date.

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Self-awareness as a way to cope with feelings about tragedy

By Judy Kawamoto

Coordinator, Psychological Services
Student Health Services

As the second anniversary of the terrorist attacks of September 11 approaches, it is important to keep in mind that our friends, family members and we ourselves are vulnerable to an “anniversary reaction.” At a time when so many other stressful things are happening around us—the city, state, and national budget crisis which is affecting all our lives in one way or another; the ongoing war in Iraq which continues to take American lives and challenge the American conscience; and/or the personal, private or individual problems that may be affecting us in the moment, it is easy to be confused about how we are feeling and why we are feeling this way.

In this time of unusually high stress on the personal and collective psyche, developing self-awareness is an effective tool in maintaining psychological and emotional balance and warding off the buildup of cumulative stress. Prolonged, sustained states of stress can lead to further, more debilitating physical and psychological problems.

Checking in with yourself on a regular basis can give you a baseline of self-knowledge from which to gauge yourself. Here are some warning signs to look for.

Do you:

- Feel more irritable than usual
- Lose your temper or explode more easily—the “short fuse” syndrome
- Cry or feel like crying more often
- Have trouble falling asleep, sleeping soundly or sleeping through the night
- Suffer from loss of appetite or the desire to eat more and eat more often even when you aren’t hungry
- Have trouble concentrating on the task at hand
- Find yourself easily startled

- Have nightmares or bad dreams
- Feel fearful and worry irrationally that something bad will happen to the people or places around you
- Feel generally anxious about everything and nothing
- Ruminates about death, dying and/or other negative thoughts
- Feel out of control with your feelings
- Have flashbacks or persistent thoughts about previous traumatic experiences
- Have other unexplained and unusual physical or emotional symptoms

If you notice that you are experiencing a preponderance of items on this checklist, and/or if any of these seem extreme in your life at the moment, you may want to consider making some changes. The changes you decide on must, of course, be tailored to your particular lifestyle and situation, but the goal is to lessen the stress in your life as much as possible. A few standard options are, finding some physical activity which you enjoy and doing it regularly, not increasing the use of alcohol or drugs as a way to cope, making time to spend with family and

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Biology seminar series announced for Fall 2003

The City College of San Francisco Biology Department and the College's Concert and Lecture Series are sponsoring a series of seminars at the Ocean campus. The following lectures are free and open to the public.

The Health Effects of Global Warming

Friday, September 12, 12 NOON, Science Building, Room 300, **Robert Hepple**, Senior Research Associate: Lawrence Berkeley National Laboratory, Earth Science Division, Climate Change and Geological-Sequestration Program, UC Davis Medical School. Hepple has an extensive research background as a former field engineer and geologist as well as the study of climate change at Lawrence Livermore Laboratories at UC Berkeley. Hepple is currently studying medicine at UC Davis. His talk will cover the public health impact of climate

change and associated changes in biogeographical disease distribution, animal, plant, and agricultural diseases, extreme weather events, air quality, resources and security.

California Sea Otters Get Infected with Cat Parasites

Friday, September 26, 12 NOON, Science Building, Room 300, **Melissa Miller**, DVM, Ph.D., Marine Wildlife Veterinary Care and Research Center, Department of Fish and Game and University of California, Davis. Here is an exciting story of disease detection. Discover how some of our favorite marine mammals are getting infected with some pests from another popular segment of furry society. What can you do to be part of the solution? The audience is invited to examine sea otter pelts and solve cases of sea otter pathology.

Big Tobacco: Big Killer

Friday, October 24, 12 NOON, Visual Arts Building, Room 114, **Stanton Glantz**, Ph.D. Director, UCSF Cancer Center for Tobacco Control Research and Education. Approximately one-third of overall cancer mortality in the USA is currently attributable to tobacco use, and for some specific body sites the tobacco-related fraction is higher. As a consequence, the UCSF Comprehensive Cancer Center has established a unique Tobacco Control Program, whose researchers have contributed to the knowledge of nicotine addiction, the effectiveness of legislation and other policies designed to reduce tobacco use, culturally appropriate tobacco control interventions and many other areas.

Illustrating Nature

Friday, October 17, 12 noon, Science Building, Room, 300, **Jack Laws**, Biological Illustrator and Naturalist, discusses the art and science of biological illustration. You may have seen Jack's

work in the "Naturalist's Notebook" in *Bay Nature* magazine. He is currently working on a fully illustrated guide to the natural history of the Sierra Nevada. He will discuss the process of creating the full color illustrations for the guide and his experiences while painting, both in the field and in the studio. We will look at the profession of science illustration and freelancing your own illustrations. Jack will also give a few tips to help you with your own sketching and drawing.

What Gives You the Creeps? The Neurobiology of Fear

Friday, October 31, 12 NOON, Science Building, Room 309, **Simon Hanson**, Ph.D. Physiology Instructor, Department of Biology, City College of San Francisco. This talk will explore the biological basis of fear and emotion. Why do we get that spine tingling apprehension during the scariest parts of suspense and horror films, and how is this reaction linked in to our survival reflexes? In the past few decades neuroscience has made amazing advances into our understanding of brain chemistry and function. This talk will investigate these findings in the context of fear conditioning and anxiety. Find out why "there's nothing to fear but the brain itself."

For more information about the seminars visit the website at: www.ccsf.org/Departments/Biology or contact **Carole Toebe**, Ph.D, CCSF Biology Department, telephone (415) 239-3475 x 1 or email: ctoebe@ccsf.edu, or **Stephanie Lyons**, Concert and Lecture Series, telephone (415) 239-3580 email slyons@ccsf.edu.

Groups of 10 or more need to inform the organizers at least 12 days in advance to guarantee adequate seating.

Please contact Dr. Toebe if you wish to recommend a speaker or participate in our lecture series.

Self Awareness

Continued from page 2

friends, creating a reasonable schedule for yourself and sticking to it, not making unreasonable demands on yourself, engaging in some form of meditation.

Sometimes, as in the case of September 11, the acute response is felt around the time of the incident, and will fade as the fateful date recedes in time. In general, if symptoms do not lessen but remain strong or increase over time, and if none of the coping mechanisms you have devised are working for you, you are probably in a state of overwhelm and not really in control of your feelings. The stress levels have gotten too high. This may be a good time for you to consult a helping professional, a therapist, a religious guide, your doctor or some other trusted member of your community.

Creating learner centered classrooms

By Marcia Campos

ABE Instructor, John Adams Campus

CCSF, Transitional Studies instructors **Maria Rosales** and I presented the workshop “Creating Learner Centered Classrooms” at COABE 2003—Commission on Adult Basic Education National Conference-Portland, Oregon.

COABE — The Commission on Adult Basic Education — was created in 1971 as a response to the rapid growth in Adult Basic Education within the Adult Education Association (AEA). COABE was called upon to fulfill leadership in research coordination and professional development in non-public adult basic and literacy programs that were rapidly growing in the 1970s. Nevertheless, COABE gained full independence in 2000.

We shared our experiences with incorporating SCANS, EFF, PBL and technology in the curriculum at City College of San Francisco. Moreover, they shared lesson plans developed by CCSF ESL and Transitional Studies faculty under the California Community Colleges Chancellor’s Office Grant — Project VOICE.

The idea behind this workshop was to model a class that would combine EFF, SCANS, PBL and technology-oriented activities where the participants would have an active role in revising and/or discovering these educational trends. This workshop gave the participants the opportunity to explore how to create a more learner-centered learning environment allowing for student reflection and input.

Participants’ evaluation

“I like the way you provided an alternative learning experience, not just reading from overheads or powerpoint. Thank you!”

“Great session, wonderful! I went away with real concrete ideas.”

“You walked the talk. Super!”



Maria Rosales presenting at COABE National Conference, 2003



Participants brainstorm on EFF, SCANS and PBL.



Participants share ideas on how to create learner-centered classrooms.

Library adds new research skills workshop

By **Bonnie Gratch Lindauer**

Coordinator, Library Instructional Services

A new library research skills workshop “D,” *Research Paper Strategy*, will be offered this fall in the Louise and Claude Rosenberg, Jr., Library and Learning Resource Center. This new workshop is Rosenberg Library’s information competency initiative to provide more learning opportunities for students to become more proficient using information technology to access and critically evaluate and use information.

The workshop has been planned to address faculty requests for more student instructional support related to helping students learn how to critically evaluate and properly cite information sources for research papers/projects. It is targeted to students who have required research papers or projects, and will be most useful to them once they have their topic approved by their instructors.

This new workshop is 90-minutes-long and will cover the following: developing a research question/thesis statement; identifying the best information sources for the topic and reviewing online search techniques; evaluating information sources, especially web documents; and properly citing sources and preparing bibliographies in either APA or MLA format. To be prepared for “Workshop D,” students must have completed either the “B” or “C” workshop and they must bring to the “D” workshop their research assignment and topic.

Eight “D” workshops are scheduled this fall, as staffing is limited. For more information about the new workshop, contact me by email bgratch@ccsf.edu or telephone (415) 452-5548.

Editor’s note: The complete workshop schedule will be published in the September 8–14 of City Currents.

Mobilizing Democracy asks faculty, classified to help register new voters

The Mobilizing Democracy campaign at City College of San Francisco is asking for volunteers to help register students to vote in time for the special Recall Election on **October 7th, 2003**. By taking a few minutes in your classes or helping with setting up a table to register students to vote you can help students gain a voice in the political process. Mobilizing Democracy will provide you with the voter registration forms, instructions and a letter providing answers to the most frequently asked questions. Please contact **Timothy Killikelly**, Instructor of Political Science, at (415) 239-3284,2# or tkillike@ccsf.edu to volunteer.

Student learns to ‘see’ English

An ESL student at the Mission Campus is very happy to have found Disabled Students Programs and Services (DSPS). After a few weeks of struggle, the student was referred to DSPS Counselor **Karen Rachels**. The student was attending classes but was having a hard time hearing the instructor. Rachels assessed the student and determined that he was living with both a hearing loss and limited vision.

Muriel Parenteau, the Accommodations Specialist with DSPS, has equipment for just these kinds of challenges. The student was given an FM Listening System. This equipment is composed of a transmitter and receiver each the size of a deck of cards. The student fastens the receiver to his belt and wears headphones, the teacher is wearing a small microphone with the transmitter clipped to their belt. The teacher’s voice is amplified directly to the student’s ears. Now that he can hear the teacher, his English is improving.

To help him see the teacher’s face, the blackboard and any handouts, Parenteau gave the student a Clarity® magnification device. This equipment is a large magnification lens mounted on a swivel arm that is clamped to a table top. The student can point the lens anywhere in the room. This lens magnifies up to 60X. The magnified image is directed to a small screen built into a special pair of glasses worn by the student. Clarity® provided several hours of one-on-one training

with the student in his preferred language – Spanish. On one such training day, the student was so happy to be seeing print again after 20 years of not being able to read, both he and the Clarity® trainer were in tears! According to Dean **Carlota Del Portillo**, “DSPS does miracles!”

DSPS has been making a difference in the lives of CCSF students since 1975. If you think a student could benefit from DSPS services, please call (415) 452.5481.

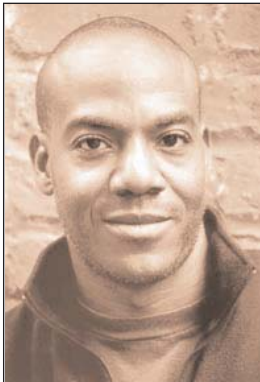
RECOGNITION

Karen Batchelor speaks at two international TESOL conferences

In June, at the invitation of the U.S. State Department, **Karen Batchelor** (ESL) served as an English Language Specialist in the Dominican Republic. In this capacity, she was the plenary speaker at two international TESOL conferences and led breakout workshops as well. Her keynote address, entitled “Teaching Multi-skills Interactively,” was presented to an audience of 250 teachers in Santiago and 300 teachers in Santo Domingo. The two workshops were “Why and How to Improve Reading Skills” and “Cooperation/Collaboration in and out of the Classroom.”

John Earl Jelks appearing at L.A.'s Mark Taper Forum

CCSF alum John Earl Jelks stars as Citizen Barlow in the world premiere production of August Wilson's "Gem of the Ocean" at the Mark Taper Forum at the Music Center in Los Angeles. Jelks credits veteran CCSF Theatre Arts instructor Gloria Weinstock for nurturing his passion for the theater. Jelks toured for more than 11 years with "The Diary of Black Men." He studied at CCSF 24 years ago.



Tina Martin reads from her story 'An Algerian Wedding'

ESL Instructor Tina Martin is a contributor to the book *I Should Have Just Stayed Home*, a collection of award winning tales of travel fiascoes. Martin recently read her piece, "An Algerian Wedding," along with three of the other authors at Books, Inc. Another article Martin wrote was published online by Peace Corps Writers in May and can still be read by Googling in "God, President Kennedy, and Me."

Press club honors John Odell for 'Off Camera' newsletter

Broadcast Electronic Media Arts Department faculty member John Odell has won an award from the Peninsula Press Club. Odell edits *Off Camera*, the monthly newsletter of the Northern California Chapter of the National Television Academy. The publication won First Place in the Public Relations category of the Press Club's annual journalism competition. The contest gives awards in both print and electronic media.

Holly Money-Collins named AIFD Fellow

Holly Money-Collins, Instructor, CCSF Environmental Horticulture and Floristry Department, was presented with the American Institute of Floral Designers' (AIFD) highest honor during ceremonies held at the Institute's National Symposium in St. Louis during the summer. Widely recognized as one of the floral industry's leading educators, the award recognizes Money-Collins for outstanding service to the Institute. With the award she becomes a Fellow of AIFD and is made a life member of the Institute.



Holly Money-Collins (center) accepts the Award of Distinguished Service to the American Institute of Floral Designers.

CCSF student Hae Jung Song finished second overall, while fellow CCSF student Katherine O'Connor received the third place award in the Student Design Competition held in conjunction with the AIFD National Symposium. Song also was honored in the "Knud Nielsen Special Dried Materials" and "Theme Design" categories, placing first and third, respectively.

One of the highlights of the convention was a class titled "Teacher's Pets," hosted by Money-Collins, which featured the work of her former students Sydney Ho, Yoko Ishii Klingebiel, Hiromi Nomura, Ziba Salamat, Jenny Tabarracci, Eun-mi Yang and Naoko Suzuki, all AIFD members. Well received by all who attended, the event was underwritten by City College of San Francisco, Smithers-Oasis and the San Francisco Flower Market.

Jan Zlotnick raising funds for prostate cancer awareness



CCSF Nursing Instructor Jan Zlotnick, pictured above with his daughter, will soon climb Africa's highest peak to raise money for the Prostate Awareness Foundation. Zlotnick also teaches Men's Health Issues at CCSF. He is on sabbatical and will be paying his own expenses for the trip. Mail donations to Prostate Awareness Foundation, 2166 12th Avenue, San Francisco, CA 94116. Please put the word 'Zlotnick' somewhere on the check for him to earn credit. Anyone wanting to talk with him about prostate cancer can page him at (707) 329-5195.

Spring Flex ideas sought

The Spring 2004 Professional Development Event (Flex) is scheduled for **Tuesday, January 13, 2004**. If you are interested in hosting a workshop and/or would like to recommend a topic or presenter, please complete a Flex Workshop Proposal form and return it to **Mia Nguyen**, 33 Gough, no later than **Friday, September 26**. Since this is a one-day activity, there will be just a few workshops from 2–4:30 P.M. “We will try to accommodate all requests. However, if your proposal is not approved at this time, it will be considered for future flex events,” says Nguyen.

All interested parties will be notified regarding status of their proposals by mid- October. If you need a proposal form, have questions or suggestions, please telephone Nguyen at (415) 241-2356. Thank you for your participation.

ADMINISTRATIVE OPENING

Director of Payroll Services

Application Deadline:

4 P.M., Friday, September 5, 2003

For a copy of the job announcement and an administrative application form, download them from the CCSF Human Resources Department web site at www.ccsf.edu/hr or call (415) 241-2246.

VOLUNTEERS SOUGHT FOR HIRING COMMITTEE

Faculty and Classified are needed to serve on the hiring committee for the above administrative position. Interested Faculty should contact **David Yee**, President, Academic Senate, immediately at (415) 239-3611, Campus Mail E202. Interested Classified should contact **Dave Gallerani** immediately at (415) 452-5452, Campus Mail R501.

CCSF Financial Aid Resources

In these times of increasing tuition and book prices, please remind your students that Financial Aid is available. To receive Financial Aid, a Federal Application for Federal Student Aid (FAFSA) needs to be filed as soon as possible. Further information may be obtained in the Financial Aid Office, Cloud Hall, Room 324.

Another funding source for students is scholarships. More than 200 scholarships will be awarded to students by City College this fall. Please let your students know that information about these awards, and how to apply for them, is available on the City College website under Financial Aid Services at www.ccsf.edu/Financial Aid Services; and in the Scholarship Office, Batmale Hall 366. Financial Aid counselors **Jorge Perez** and **Winnie Yiu** also are available to assist students with scholarship information at other CCSF campuses.

Scholarship workshops

Scholarship workshops will be given by Dean **Jorge Bell** of Student Financial Resources and EOPS Counselor **Diana Verdugo** in the Louise and Claude Rosenberg, Jr., Library and Learning Resource Center on the following dates:

Tuesday, September 2, from 2 to 3 P.M., Room 305

Wednesday, September 3, from 6:30 to 7:30 P.M., Room 304

Thursday, September 4, from 12:30 to 1:30 P.M., Room 301

Saturday, September 27, from 11:30 to 12:30 P.M., Room 301

Personal statement workshop

A special workshop will be conducted by Diana Verdugo on the composition of the Personal Statement to be included with the general application. That workshop will be held on **Monday, September 15** from 11 a.m. to 1 P.M. in the Rosenberg Library, Room 301.

Scholarship Office hours

The Scholarship Office is now open two evenings a week. The new office hours are:

Monday: 8 A.M.–12 NOON, and 1:30 P.M.–7:30 P.M.

Tuesday: 8 A.M.–12 NOON, and 1:30 P.M.–7:30 P.M.

Wednesday: 8 A.M.–12 NOON, and 1:30 P.M.–5 P.M.

Thursday: 8 A.M.–12 NOON, and 1:30 P.M.–5 P.M.

Friday: 8 A.M.–12 NOON, and 1:30 P.M.–5 P.M.

Please encourage your students to take advantage of the services the Student Financial Resources group can provide them.

ANNOUNCEMENTS

Ophelia Clark selected as new Faculty Travel Chair

Faculty Travel Requisition and Travel Order Forms to request funds for academic related travel should be directed to Ophelia Clark, the new Faculty Travel Chair at Box C106.

WORK OUT, GET FIT

Free for faculty, classified and administrators

Sign up for PE 51 (no credit)

Add codes and CRN available by emailing Sean Laughlin slaughli@ccsf.edu

CCSF Fitness Center

North Gym

Ocean Avenue Campus

Fulbright applications available

Fulbright applications are available now for 2004-2005 grants. The purpose of the Fulbright Program is to promote mutual understanding between the people of the United States and the peoples of other countries through educational exchange. In exchanging positions with foreign teachers or administrators, program participants have the opportunity to live and work in the cultures of their host countries, an experience which has benefits for the teachers, their schools, and their communities.

Scholar-in-Residence Program

The Worldwide Fulbright Scholar-in-Residence Program brings visiting scholars and professionals from abroad to lec-

ture at U.S. colleges and universities for one semester or one academic year. Fulbright Scholars-in-Residence can have a significant impact on U.S. colleges and universities. The program is especially appropriate for small liberal arts colleges, minority-serving institutions, and community colleges, many of which do not often have the opportunity to host visiting scholars.

Applications for the Scholar-in-Residence Program are due **November 1, 2003**. The guidelines and application are now available at the CIES web site: www.cies.org/sir/sir.htm

If you would like a hard copy of the Scholar-in-Residence guidelines please email: apprequest@cies.iie.org.

Fulbright Teacher and Administrator Exchange

The Fulbright Teacher and Administrator Exchange Program provides opportunities for qualified educators to participate in direct exchanges of positions with colleagues from other countries for six weeks, a semester, or a full academic year.

Applicants must be a U.S. citizen; be fluent in English; have a current full-time teaching or administrative assignment in the U.S. or one of its territories; be in at least the third year of full-time teaching or administration (teachers applying to the seminar only need to be in their second full year).

Application deadline: **October 15, 2003**. For further information and an application visit: www.fulbrightexchanges.org

Fulbright Senior Specialists

In order to extend the scope and reach of the traditional program in a new era, the Fulbright Senior Specialists Program has been initiated to provide short-term Fulbright grants of two to six weeks.

Applicants must be U.S. citizens at the time of application. Permanent resident status is not sufficient. For academics, a Ph.D. or equivalent professional/terminal degree at the time of application plus a minimum of five years of post-doctoral teaching or professional experience in the field in which you are applying.

Application deadline: **This grant has rolling deadlines** which are submitted for review throughout the year. For further information and an application visit: www.cies.org

Awards Catalogs and applications for the Fulbright Scholar Program and the Fulbright Teacher and Administrator Exchange Program are also available in the Study Abroad Office, Ocean Campus, Cloud 212, or by calling **Jill Heffron** at 239-3778 or by emailing jheffron@ccsf.edu.

Select your exclusive parking space for Fall

This week represents your last chance to participate in the awarding of a designated parking space to the winner of the drawing sponsored by the Classified of City College of San Francisco. Tickets are \$1 each. The lucky winner will have the right to designate one parking space for his/her exclusive use during the Fall semester. The parking space has no cash value and the right to use it cannot be transferred or sold. Proceeds will be used to help pay for the Classified Staff Development Day to be held October 13. You can obtain a ticket this week during the lunch hour at the table in Ram Plaza; and from the following individuals: Juan Chavez, C324; Attila Gabor, C306; Richard Gale, R229; Dave Gallerani, R501; Dana Galloway, AX169; Chico Gonzalez, Gough; Rita Grove, E107; Giselle Guzman, C324; Pablo Hernandez, Mission 109; Brandy Jones, V118; Steve Kech, S194; Joe Kelleher, John Adams; Regina Lemon, E107; Maria Ma, John Adams; Gloria Mitchell, S142; Debra Porter, A301; Minerva Reyes, Evans; James Rogers, L310; Helen Salinas, Evans; Marsha Shelton, SU205; Athena Steff, Mission; Glen Van Lehn, L142; Rose Vela, Gough; Cynthia Walker-Hamilton, Southeast.

WANT ADS

NORTH LONDON FLAT AVAILABLE FOR RENT

— A clean, quiet and comfortable one-bedroom flat in a convenient location. Two-minute walk to a Northern Line tube station, numerous bus lines, shops and a lovely park. All amenities provided. Approx. \$500 per week or \$75 per day (minimum of five days). For further information, contact Dorene Cotter at Londondig@earthlink.net.

FOR RENT TEN MINUTES WALK FROM CCSF —

Attributes: ambience and grace, style, spaciousness and serenity. A restful sanctuary in pristine condition. Detached house. Ideal for singles, or couples. Two extra large and one large bedrooms for lease. Share garden, utilities, living/dining room, kitchen, two baths, and laundry in premises. Easy parking. Located above Monterey Blvd. Room ranges from \$600 to \$750 (negotiable). Call (415) 990-4826.

MINIVAN FOR SALE — 1995 Plymouth Voyager. 95,000 miles. New transmission, new brakes. Excellent condition. one owner. \$3500 or Best Offer. Call Allan or Ana at (415) 585-0414.

AUTO FOR SALE — 1989 Honda Accord, silver blue. A little beat up, but has had nearly all its internal organs replaced recently, including brakes, radiator, hoses, tires, etc. Excellent gas mileage. \$1,500 or best offer. Must sell/moving to NYC. (415) 309-3308

ROOM FOR RENT — 1 bedroom in private home located on Mt. Vernon Ave in the Mission Terrace District [not far from Balboa BART] - nice furniture and linens provided - share kitchen and bathroom with 1 homeowner - \$550 a month [includes all utilities & cable in room] - laundry privileges - deck & yard - will rent furnished only - no smoking, drinking, drugs or pets - 1 person only - prefer mature male or female. Call Zelma at (415) 333-5952.

TABLE AND CHAIRS FOR SALE — Powder blue vinyl-covered card table with three matching chairs; nearly new. \$35. Call Jack (415) 239-3934

HOUSE FOR LEASE (10 mins walk to CCSF, above Monterey Blvd) To view house: <http://f2.pg.photos.yahoo.com/schpsywl>. Detached Mediterranean 3 bdrm house, garden & yard. Hardwood floors throughout. Lrg living room w/high ceiling, bay windows and wood-burning fireplace. Crown moldings. Formal dining rm. Breakfast rm & kitchen w/dish-washer. Laundry & cables in rms. Near BART, 280 & 101. Bus 43 & 23. Call (415) 990-4826 or email wnlum@yahoo.com

POINT REYES/INVERNESS HOUSE FOR RENT — Two bedroom home fully equipped on top of Inverness Ridge with view of Olema Valley for rent at \$100 per night. Weekly rate available. Call Bob Gabriner at (415) 239-3014 (o) or (415) 282-1935 (h).

GYM EQUIPMENT FOR SALE — Weider complete Olympic weight set and Joe Weider Weight Bench - both for \$100. OBO. Call Jack (415) 239-3934.

CAR FOR SALE — Very reliable 1987 Gold Audi 4000S. \$900. Only second owner; well maintained; 5-speed; power locks and windows; sunroof; 4 new tires. Add Sony CD player for \$150. Will accept best offer. Email for address to drive by and look. A good deal. Email agougout@ccsf.edu or call Kate (415) 561-1013.

SPORTS CALENDARS

Men's Soccer

DAY	DATE	TIME	OPPONENT	LOCATION
Wednesday	September 3	2 P.M.	Yuba College	CCSF
Tuesday	September 9	4 P.M.	Las Positas College	CCSF
Friday	September 12	4 P.M.	De Anza College	Cupertino
Tuesday	September 16	4 P.M.	Chabot College	CCSF
Friday	September 19	4 P.M.	Fresno City College	Fresno
Tuesday	September 23	TBA	Cabrillo	CCSF
Friday	September 26	4 P.M.	West Valley College	Saratoga
Tuesday	September 30	4 P.M.	Skyline College	CCSF
Friday	October 3	4 P.M.	Foothill College	Los Altos Hills
Tuesday	October 7	4 P.M.	Ohlone College	CCSF
Friday	October 10	4 P.M.	Mission College	Santa Clara
Friday	October 17	4 P.M.	Cañada College	CCSF
Tuesday	October 21	4 P.M.	Hartnell	Salinas
Tuesday	October 28	3 P.M.	Evergreen College	San Jose
Tuesday	November 4	3 P.M.	Hartnell College	CCSF
Friday	November 7	3 P.M.	Cañada College	Redwood City
Tuesday	November 11	3 P.M.	Evergreen College	CCSF

CCSF home games are played at Boxer Stadium, Balboa Park.

Head Coach: Adam Lucarelli (510) 469-8182; email alucarel@ccsf.edu. Assistant Coach: Nik Charalaghi. General Manager David Vidrio. Athletic Trainer: Jose Bonilla

Women's Volleyball

DAY	DATE	TIME	OPPONENT	LOCATION
Saturday	September 14	All Day	Mendocino Tournament	Mendocino
Saturday	September 21	All Day	Delta Tournament	Stockton
Wednesday	September 24	6:30 P.M.	West Valley College	CCSF S-Gym
Fri.-Sat.	September 26-27	All Day	San Jose Tournament	San Jose
Wednesday	October 1	6:30 P.M.	Skyline College	CCSF S-Gym
Friday	October 3	6:30 P.M.	Ohlone College	CCSF N-Gym
Wednesday	October 8	6:30 P.M.	San Jose City College	San Jose
Wednesday	October 15	6:30 P.M.	Cabrillo College	Aptos
Friday	October 17	6:30 P.M.	Hartnell College	Salinas
Wednesday	October 22	6:30 P.M.	Cañada College	CCSF S-Gym
Friday	October 24	6:30 P.M.	Chabot College	Hayward
Wednesday	October 29	6:30 P.M.	DeAnza College	Cupertino
Friday	October 31	6:30 P.M.	Monterey Peninsula Coll.	CCSF N-Gym
Wednesday	November 5	6:30 P.M.	Hartnell College	CCSF S-Gym
Friday	November 7	6:30 P.M.	Cañada College	Redwood City
Wednesday	November 10	6:30 P.M.	Chabot College	CCSF S-Gym
Friday	November 14	6:30 P.M.	De Anza College	Cupertino
Wednesday	November 19	6:30 P.M.	Monterey Peninsula College	Monterey

Head Coach: James Untalan (415) 452-5305, email juntalan@ccsf.edu.

Faculty urged to sign up for shared governance committees

The following committees and subcommittees have or will have faculty openings. Faculty interested in applying should e-mail **Fred Teti**, 1st Vice President of the Academic Senate, at fteti@ccsf.edu or telephone her at (415) 239-3611.

COMMITTEE/SUB-COMMITTEE NAME	OPENINGS	DAYS	TIMES	FREQUENCY
Academic Policies	One	Monday	2:15–4:15 P.M.	Once a month
Administrative Information Advisory	One	TBA	TBA	TBA
CalWorks Advisory	Five	TBA	TBA	TBA
Classified Position Allocation	One	Wednesday	2:30–5 P.M.	Once a month
College Advisory Council	No Vacancy	Thursday	3–5 P.M.	Once a month
College Diversity Advisory	No Vacancy	Thursday	1–3 P.M.	Once a month
Communications	No Vacancy	Wednesday	3–5 P.M.	Once a month
Concert and Lecture	No Vacancy	Monday	2/3–5 P.M.	Once a month
Continuing Education	No Vacancy	TBA	3:30–5 P.M.	Once a semester
Contract Education	Three	TBA	3:30–5 P.M.	Once a semester
CSU/UC Breadth Requirements	No Vacancy	TBA	3:00–5 P.M.	Once a year
Curriculum	Three	Wednesday	1:30–3:30 P.M.	Bi-Weekly
Distance Learning	One	TBA	TBA	TBA
Equivalency	One	TBA	TBA	As needed
Facilities Review	One	Thursday	2–5 P.M.	Twice a month
Faculty Position Allocation	No Vacancy	Thursday	4–6 P.M.	Once a month
Financial Aid Advisory	Two	TBA	TBA	TBA
Grading Policies	Four	Wednesday	1–3 P.M.	Twice a month
Graduation Ceremony	One	Monday	1–2 P.M.	Once a month
Health and Safety	No Vacancy	TBA	1–3 P.M.	Once a month
Honors Issues	One	Monday	TBA	Varies
Information Technology Policies	No Vacancy	TBA	4–5 P.M.	Once a month
K–12 Articulation	Six	TBA	TBA	Quarterly
Matriculation Advisory	Eleven	TBA	TBA	TBA
Parking/Transportation	No Vacancy	Tuesday	2:30–4:30 P.M.	Twice a month
Planning and Budget Council	One	TBA	TBA	TBA
Program Review	Two	Friday	1:30–3:30 P.M.	Varies
Reassigned Time	Two	Friday	2–3:30 P.M.	Bi-weekly
Registration/Enrollment	Five	Friday	1–3 P.M.	Once a semester
Research	No Vacancy	TBA	TBA	TBA
Scheduled Maintenance	Two	Varies	2–4 P.M.	Five times a year
Sexual Harassment Prevention	Five	Monday	12:45–2 P.M.	Twice a semester
Staff Development	Two	TBA	TBA	Once a month
Student Complaint	Three	TBA	TBA	As needed
Student Equity	Six	TBA	TBA	TBA
Student Grade and File	One	Wednesday	3–5 P.M.	Once a month
Student Preparation/Success	Two	Thursday	3–5 P.M.	Second Thursday
Teaching/Learning Roundtable	Seven	Monday	2–5 P.M.	Once a month
Transfer Issues	Five	Varies	3–5 P.M.	Six times a year

The following committees have unlimited membership and always welcome faculty requests for appointment:

Administrative Information Advisory		TBA	TBA	TBA
Basic Skills		TBA	TBA	TBA
Facilities Projects		Monday	3–5 P.M.	Twice a month
International Education		Wednesday	12 NOON–2 P.M.	Twice a semester
Noncredit Issues		Monday	2:30–4:30 P.M.	1st Monday of the month
Scholarship		Thursday	1:30–3:30 P.M.	Twice a semester
Vocational Education		Friday	2–3:30 P.M.	Once a semester
Works of Arts		Friday	1–3 P.M.	Once a month

MENUS — WEEK OF SEPTEMBER 1–5, 2003

BREAKFAST – TASTE BUDS — 7:30–9:50 A.M.

Eggs • Breakfast Meats • Pancakes • Waffles • French Toast • Cereals • Pastries • Juices • Coffee • Tea

LUNCH — PIERRE COSTE ROOM (PCR) — 11:15 A.M.–12:30 P.M.

SALADS

Antipasto Chopped Salad: lettuce, chickpeas, cherry tomatoes, olives, artichoke hearts, provolone cheese, salami, red wine vinaigrette

“Thai Cobb:” tomatoes, chicken, char siu, Monterey jack, cucumbers, egg, ginger-mint dressing

Tossed Greens: cucumbers, cherry tomatoes, olives, choice of dressings

Mexican Chicken: marinated grilled chicken, jicama, corn, black beans, scallions, avocado dressing

Gado-Gado: Indonesian vegetable salad with peanut dressing

Marinated Steak: arugula and frisee, gorgonzola, toasted pine nuts, roasted bell peppers, balsamic vinaigrette

SANDWICHES

Chicken and roasted yellow bell pepper with cilantro-almond spread and spinach

Herbed goat cheese with grilled vegetables and tomatoes

Open face grilled tuna club with bacon, lettuce and tomato, lemon-basil mayonnaise

Smoked turkey with orange cranberry, onion dill relish and watercress

ENTREES

Grilled salmon with swiss chard and fennel, tomato-kalamata olive caper relish

Pan roasted chicken breast with fresh rosemary, shallots, garlic, sauteed spinach and polenta

Pasta of the day: ask your server for details

Grilled pork loin chop with tomatillo salsa, pickled onions, zucchini, Spanish rice

Sauteed seabass: with green and yellow wax beans, potato chive cake, ginger-scallion beurre blanc

Grilled top sirloin with roasted tomato salsa, new potatoes, sauteed green beans

LUNCH — CAFETERIA — 11 A.M.–1:15 P.M.

Please check out the freshly prepared specials at the A la Minute Station

Monday, September 1

LABOR DAY HOLIDAY — COLLEGE CLOSED — NO FOODSERVICE

Tuesday, September 2

Roast Airline Breast of Chicken with Lemon Capers • Roasted Yukon Gold Potatoes • Peas with Mushrooms • Yellow Squash
Pork Adobo • Steamed Rice • Soup: Cream of Broccoli

Wednesday, September 3

Broiled Salisbury Steak with Bordelaise Sauce • Scalloped Potatoes • English Leaf Spinach • Cauliflower with Herbs
Baked Snapper with Spicy Tomato Relish • Wild Rice and Wheat Berry Pilaf • Soup: French Onion

Thursday, September 4

Baked Chicken Enchilada • Spanish Rice • Refried Beans • Sweet Corn-on-the-Cob
Vegetarian Stuffed Acorn Squash with Roasted Tomato Sauce • Cous Cous • Soup: Tomato Orange

Friday, September 5

Baked Catfish with Cornbread Crumbs • Steamed Broccoli • Ratatouille
Yankee Pot Roast • Buttered Noodles • Soup: Tomato Rice

DINNER — CAFETERIA — 5:45–7 P.M.

A la Carte Salad Bar available Monday through Thursday evening

Monday, September 1

LABOR DAY HOLIDAY — COLLEGE CLOSED — NO FOODSERVICE

Tuesday, September 2

Pork Cutlet Tonkatsu • Furikake Rice • Stir Fried Nappa Cabbage • Soup: Cream of Broccoli

Wednesday, September 3

Buttermilk Fried Chicken with Country Gravy • Mashed Potatoes • Buttered Peas • Soup: French Onion

Thursday, September 4

Baked Snapper with Spanish Sauce • Rice Pilaf • Sauteed Fresh Mixed Vegetables • Soup: Vegetarian Black Bean

