

City College of San Francisco

I. General Information

A. Date	September 18, 2002
B. Department	Fashion
C. Course Title	Lingerie Design and Construction
D. Course Number	FASH 66
E. Course Outline Prepared by	Lorraine Wilner
F. Department Chairperson	Lorraine Wilner
G. Department / Division Dean	Phyllis McGuire

II. Course Specifics

A. Hours	2 Lec. / 3 Lab.
B. Units	3
C. Prerequisite(s)	None
D. Course Description	Students will create original and professional designs for the intimate apparel industry.
E. Field Trip(s)	Yes
F. Method of Grading	Letter Grade CR/NC
G. Repeatability	2

III. Catalog Description

Development of original designs and construction of all types of intimate apparel. Pattern-making and specialized sewing techniques emphasizing the calculations necessary for the successful production of finely calibrated garments.

IV. Course Objectives

Upon successful completion, the student will be able to:

- A. Review the history of intimate apparel.
- B. Research current trends in the industry.
- C. Create original sketches for intimate apparel wear.
- D. Select appropriate fabrics and trim.
- E. Research consumer demand and define demographic groups.
- F. Operate various types of sewing machinery.
- G. Design a collection of intimate apparel that reflects personal expression.

## V. Course Content

### A. The history of intimate apparel.

1. Underlinen and underclothes before the mid-nineteenth century.
  - a. Slides and other visual support.
2. 1890 to Present: Underwear becomes Lingerie derived from the French “Lin” or linen.
  - a. Fine luxury underwear in silk, satin and lace.
3. The spectrum of lingerie & loungewear
  - a. Camisoles, sports underwear and underwear worn as outerwear.
  - b. Examples.
4. The changing shape of women.
  - a. Physical fitness has changed women’s proportions and needs.

### B. An introduction to the equipment and tools.

1. Learning to operate the sewing machine.
2. Hand-sewing and embroidery techniques.
3. Production technique.

### C. Learning about appropriate fabrics.

1. Silks, satins, lace, and other traditional fabrics.
  - a. Fabrics that work together in harmony.
2. New micro-fibers
  - a. Suitability for sport undergarments.
3. Elastics and other means of uniting a garment.
  - a. Judging appropriate widths, densities, and quality.
4. Trim, appliques, and other possible adornments.
  - a. Investigating suppliers.

### D. Sketching designs.

1. Experimenting with proportion, shape, and color.
2. Using computer-aided programs.
3. Finalizing designs to be constructed.

- E. Pattern-making and sizing.
  - 1. Learning to create a pattern.
  - 2. Using and modifying existing patterns.

- F. Cutting fabric for garments.
  - 1. Learning to cut with the grain of the fabric.
  - 2. The judicious use of making 'markers'.
  - 3. Cutting multiple garments.

- G. Sewing and completing lingerie garments.
  - 1. Constructing the garment(s).
    - a. Completing 3 garments.

- H. Final Presentation.

VI. Methods of Instruction.

- A. Demonstrating machinery and techniques.
- B. Library & Internet research.
- C. Color boards/combinations that 'work' together.
- D. Compiling a trend notebook.
- E. Comparing hand methods of lace making with machine-made lace.
- F. Compiling a notebook of fabric contents and behaviors.
- G. Designing a complete collection.
- H. Pricing a garment.

VII. Evaluation

- A. Quizzes and mid-term exams.
- B. Identifying and describing historical trends in undergarments.
- C. Understanding construction techniques.
- D. Final presentation of portfolio and finished products.

VIII. Text and other reading materials.

- A. Textbook to be determined.
- B. Historical and pictorial books available at the Rosenberg Library.

IX. Requested Classification

Credit  
Meets all standards of Title V. Section 5502 (c)