

City College of San Francisco  
Course Outline of Record

I. GENERAL DESCRIPTION

- |                               |                        |
|-------------------------------|------------------------|
| A. Approval Date              | October 2011           |
| B. Department                 | Fashion                |
| C. Course Number              | FASH A                 |
| D. Course Title               | Introduction to Sewing |
| E. Course Outline Preparer(s) | Kamille Hitz           |
| F. Department Chairperson     |                        |

G. Dean

Diane Green  
Diane Green  
David Dore  
David Dore

II. COURSE SPECIFICS

- |                         |   |
|-------------------------|---|
| A. Hours                | Lecture: 8 total<br>Laboratory: 24 total  |
| B. Units                | 1   |
| C. Prerequisites        | None  |
| Corequisites            | None  |
| Advisories              | None  |
| D. Course Justification | This course teaches basic sewing skills and prepares students for FASH 15A Apparel Construction 1 |
| E. Field Trips          | No  |
| F. Method of Grading    | Letter, Pass/No Pass  |
| G. Repeatability        | 1   |

III. CATALOG DESCRIPTION

Introduction to sewing. Students will learn the basics of sewing machines, how to make minor repairs to clothing, and how to construct a basic rectangular item in fabric. A good choice for the novice before moving on to FASH 15A, Apparel Construction 1.

IV. MAJOR LEARNING OUTCOMES

Upon completion of this course a student will be able to:

- A. Set up, thread, and operate a sewing machine properly and safely
- B. Set up and operate an iron properly and safely.
- C. Be proficient with basic hand sewing stitches
- D. Hem a garment, be able to construct a rectangular item i.e. pillowcase, curtain, etc.
- E. Recognize and comprehend basic sewing terms

V. CONTENTS

- A. Sewing Machines
  1. Types of sewing machines
    - a. What to look for in a sewing machine
    - b. What the different types of machines are and what they are for
  2. Using a sewing machine
    - a. Threading and maintenance

- b. Operation, safety, practice stitches
- B. Irons
  - 1. What to look for in an iron
  - 2. Operation and safety
- C. Basic Construction
  - 1. Seams and hems
    - a. Practice stitches
    - b. Hemming a garment and patching a garment.
  - 2. Hand stitching
    - a. Buttons and slip stitch hems
    - b. Basting and backstitching seams
    - c. Patching or darning a hole
  - 3. Cutting fabric
  - 4. Working in rectangles: creating a pillowcase, curtain, etc.

## VI. INSTRUCTIONAL METHODOLOGY

- A. Assignments
  - 1. In-class Assignments
    - a. Machine threading check
    - b. Create a notebook of basic sewing samples in fabric i.e. sample of student's own slipstitch hem
  - 2. Out-of-class Assignments
    - a. Patch a hole in an existing garment
    - b. Hem an existing garment
    - c. Create a rectangular item, i.e. pillowcase, curtain
- B. Evaluation
  - 1. Machine use quiz
  - 2. Sewing terms quiz
  - 3. Quality of sewing assignments and notebook samples
- C. Textbooks and other instructional materials
  - 1. Readers Digest Publishers, Reader's Digest Complete Guide to Sewing, Readers Digest, 1981

## VII. TITLE 5 CLASSIFICATION

CREDIT/NON DEGREE APPLICABLE (meets all standards of Title 5. Section 55002(a)).