



COOKING LIGHT ULTIMATE READER RECIPE CONTEST

Cooking Light is asking for your original, creative recipes that use sponsor products that include: Cook's Ham, Kikkoman Soy Sauce, Quaker Oatmeal, Kraft 2% Milk Shredded Cheese, Muir Glen Organic Fire Roasted Tomatoes, Benefiber®, Kerrygold Cheeses and Butters from Ireland, Nakano Seasoned Rice Vinegar. There is no limit on how many recipes you can enter.

DEADLINE:

April 30, 2007

PRIZES:

Five prizes will be awarded:

Four category winners (one from each category) and one grand prize winner (selected from among the four category winners).

Each category winner receives \$5,000. The grand prize winner receives \$20,000 cash. (The grand prize winner's category prize will be donated to the winner's favorite 501(c)(3) charity).

Eight sponsor winners will also be awarded. Each winner receives **\$500 cash**. Sponsor winners will be determined by Cooking Light representatives and will not compete in or attend any cook-off activity.

SPONSOR:

<http://www.cookinglight.com/cooking/perks/index.html>

CONTEST INFO:

<http://www.cookinglight.com/cooking/perks/contests/clurrc07main.html>

RULES:

<https://www.timeinc.net/cooking/secure/contests/recipecontest2007/rules.html>

ENTRY:

Registered Online:

<https://www.timeinc.net/cooking/secure/contests/recipecontest2007/enter.html>

MORE INFO:

Entries will be judged on originality, taste, visual appeal, and how well the sponsors' products are utilized.

NOTIFICATION:

Finalists will be notified by **June 30, 2007**. Final judging will be held in Short Hills, NJ or Bedminster, NJ, **August 28, 2007**. Twelve finalists (three from each category) will fly to Newark, NJ, as guests of Cooking Light, **August 27-29, 2007**, and will prepare their recipes on-site in the Kings Supermarket Cooking Studio for judging.

WINNER'S LIST:

Names of winners will be posted on our Web site and published in the **January 2008 issue of Cooking Light**.