



WHERE COLLEGE SUCCESS MEETS SOCIAL CHANGE

**New programs at both  
City College of San Francisco & San Francisco State University**

*Dedicated to supporting a new generation of leaders for social justice in urban communities*

**Metropolitan Health Academies give you:**

- A clear, fast track to graduation or transfer
- One-on-one support from teachers & dedicated MHA advisors
- A community of students with similar interests working together
- Interesting classes that are relevant to real life
- Strong academic preparation using proven learning strategies
- Ways to give back to your community & make a difference in the world
- Skills leading to various career paths



**“MHA truly helps students stay focused through the support of peers as well as instructors.”**

**—MHA student**

**“The program helps hone reading and writing skills while forming close knit friendships with other fellow MHA students.”**

**—MHA student**

**“MHA instructors are passionate & helpful!”**

**—MHA student**

**Of all the forms of inequality, injustice in health is the most shocking and inhumane.**

**—Martin Luther King, Jr.**



## MHA is:

- Two to three semesters of linked classes that fulfill graduation and transfer requirements
- A community of students, teachers, and advisors working together to help you do well & stay on track for graduation and transfer

## MHA at CCSF

### Who can apply?

Anyone ready for English 92 or ESL 160 or higher. Admissions is ongoing; seats are available until filled.



### How long is the MHA program?

The MHA program will take at least one year to complete. Students must be at the Eng 1A and Math 840 level to complete the final two semesters of MHA coursework (Levels II and III) in a learning community. For students not yet at that level, we will work with you to develop an individualized plan based on your English and Math placement.

### What classes will I take as part of MHA?

Students will have individualized MHA pathways:

#### MHA Level I: (for students not yet at Eng 1A level)

- HLTH 53: Health Science (offered fall or spring)
- Supplemental Instructional Support course (optional)
- MHA health-infused English course (according to placement level)

#### MHA Level II: (for students at the Eng 1A level)

- HLTH 221: Health & Social Justice
- MHA health-infused English 1A

#### MHA Level III: (for students who have completed Eng 1A)

- HLTH 40: Urban Health Policy
- MHA health-infused Psych 5: Statistics for Behavioral Sciences

### Where do I go once I've completed MHA?

MHA is designed to help you transfer to the CSU. Once your requirements are complete you may transfer to any major to complete your Bachelor's Degree. MHA is a fast track to majors such as Health Education, Social Work, Sociology, Child & Adolescent Development, Urban Studies, Political Science, Recreation, Parks & Tourism, & Psychology.

### How do I apply?

Contact: Beth Freedman: (415) 239-3513, mha@ccsf.edu, www.ccsf.edu/hlthcd

## MHA is for:

- CCSF students who want to transfer to a four-year college or university
- SFSU freshman in their 1st or 2nd semester
- People who want a meaningful career that makes a difference in the world & the skills to promote social justice in communities
- Students who can benefit from extra academic support in writing, math, public speaking, and critical thinking for success in a variety of majors

## MHA at SFSU

### Who can apply?

Any incoming freshman can apply to MHA for either the fall or spring semesters of their freshman year. Admissions is ongoing; seats are available until filled.



SAN FRANCISCO  
STATE UNIVERSITY

### How long is the MHA program?

MHA is a three semester learning community.

Each semester students take one MHA class and one linked, health-infused General Education class dedicated to MHA students.

### What classes will I take as part of MHA?

#### MHA Freshman Year:

- HED 120: 1st Yr. Experience/Health & Ed. Justice (offered fall or spring freshman year)
- An MHA health-infused General Education class in either Critical Thinking (Ethnic Studies 110) or Oral Communication (Comm 150)

#### MHA Sophomore Year:

##### Fall

- HED 221: Health & Social Justice
- MHA health-infused Eng 214: Second Yr. English Composition

##### Spring

- HED 231: Health Justice in Social Policy
- MHA health-infused Math 124: Elementary Statistics

### Where do I go once I've completed MHA?

Once you have completed your lower division requirements you can complete your upper division requirements towards your Bachelor's Degree. MHA is a fast track to majors such as Health Education, Social Work, Sociology, Child & Adolescent Development, Urban Studies, Political Science, Recreation, Parks & Tourism, & Psychology.

### How do I apply?

Contact: Rama Kased: (415) 405-0777, mhasfsu@sfsu.edu, www.sfsu.edu/~hed