Transgender Rights Are Human Rights That We All Deserve

Be an ally!

1. Get educated and examine your own biases about gender roles, identities and expressions. Don’t rely on transgender people to educate you.

2. Use appropriate pronouns and names. It is important to view people as their chosen gender and call them by their chosen name. If you are not sure which pronoun they prefer, ask.

3. Create a safe and open environment. Support your friend’s or family member’s gender explorations. Challenge homophobic and transphobic remarks and jokes.

4. Do not "out" a transgender person. This is a safety issue: many people are prejudiced against gender variant people.

5. Finally, understand that gender identity is only one aspect of a whole person. Every person has many social identities, experiences, and history that make them unique.